Pre-departure information for your tour



Passport, visa & entry requirements

- In order to enter Turkey, U.S. and Canadian citizens need a valid passport with an expiration date extending at least six months beyond the date of reentry.
- We recommend having at least two blank passport pages for entry stamps.
- There is no visa required for U.S. or Canadian citizens.
- If you are not a U.S. or Canadian citizen, you must contact your destination country's consulate for your specific entry requirements.
- You can see the most up-to-date entry requirements for the destination(s) you'll visit on tour by going to goaheadtours.com/ entry-requirements and searching the code TUD.

Tour pacing & mobility

- You will walk for about 2.5 hours daily across moderately uneven terrain, including cobblestone streets, dirt paths, and wooden platforms, with some hills and steps.
- Travelers should be healthy enough to participate in all included walks without assistance. Adding optional excursions may increase the total amount of walking on your tour.
- You should feel comfortable managing your own baggage at times, as well as getting in and out of ferries.
- Go Ahead Tours and the Tour Director who accompanies your group are unable to provide special, individual mobility assistance to travelers on tour. The responsibility of the Tour Director is to ensure the group as a whole enjoys a relaxing and informative journey, and he or she cannot be relied upon to provide ongoing, individualized assistance to any one traveler.
- If you have any mobility concerns or physical restrictions, please contact our Customer Experience Team.

Transportation & arrival information

Round-trip flights booked through Go Ahead

- Tours arrive in and depart from Istanbul. A representative from Go Ahead Tours will meet you at the airport and take you to your hotel. Please exit through door 8 of the arrivals hall where a representative will be waiting for you with a Go Ahead sign or a sign with your name(s).
- Transfers to and from the airport at your destination are included for travelers who have purchased their flights through Go Ahead Tours. Travelers who purchase their own flights may request airport transfers with Go Ahead Tours for an additional cost.
- A ferry from Istanbul to Troy and a flight from Cappadocia to Istanbul are included in the price of your tour.
- All other included transportation on this tour is by private motor coach.

Baggage allowance

- Please note that our travelers are limited to one checked bag and one carry-on bag per person due to storage limitations on motor coaches and other transfers, which may include train connections or flights.
- Contact your airline(s) for baggage size and weight restrictions for your flights, which may include on-tour flights in addition to your round-trip flights to and from tour.
 Please note that your included on-tour flights may have more restrictive baggage limits.
- Some airlines may impose additional charges if you choose to check any baggage or exceed baggage size and weight restrictions.
 Be advised that you are responsible for any baggage fees incurred on all flights.
- Make sure you label your baggage and keep valuables, medication, and documents in your carry-on bag.

Clothing & packing tips

- We recommend packing lightweight, loosefitting clothing that can be easily layered, as well as a light jacket or rainwear. Please note that temperatures will dip with changes in elevation throughout your tour.
- A sturdy pair of walking shoes or sneakers is recommended for sightseeing.
- A sun hat, sunglasses, and sunscreen are recommended for outdoor activities.

- You may want to pack dressier attire if you plan to visit a high-end restaurant or attend a special performance.
- Visits to mosques and other religious sites require bare legs and shoulders to be covered. Women should bring a light scarf and/or head covering (entrance may be denied on this basis).

Health

- At least 60 days prior to departure, check with your doctor or healthcare provider for the latest updates and entry requirements, or visit the Center for Disease Control and Prevention website at <u>cdc.gov</u>.
- Please be sure to take proper care with sun exposure, the sun can be especially strong in some of the areas you are visiting.
- If you have medication that you take daily, be sure you have enough for each day of the tour as well as any possible delays encountered.
- Certain over-the-counter and prescription medications may be banned in Turkey. Importing these drugs can carry severe consequences, including imprisonment. Please consult your healthcare provider prior to departure to ensure that any drugs you may want to bring with you are legal in Turkey.
- If you have dietary restrictions and/or food allergies please notify Go Ahead at least 30 days prior to your departure by logging in to goaheadtours.com and updating your traveler info. To update this information closer to your departure date, please call our Customer Experience Team.
- You can see the most up-to-date entry requirements for the destination(s) you'll visit on tour by going to goaheadtours.com/ entry-requirements and searching the code TUD.

Cuisine

 In Turkey, breakfast typically consists of sourdough bread with sheep's cheese and olives, as well as jam or honey. A midday meal or dinner often starts with a meze, which is a plate of varied appetizers like cheese pastry rolls, pickled vegetables, and potato fritters. On the coast, fish is an Pre-departure information for your tour



excellent choice, especially tuna, turbot, and sardines. Meat eaters should try lamb kebabs, available in a wide variety of types, each with a different sauce or dressing. The national drink is tea, but don't miss out on the strong and rich Turkish coffee.

Electricity & air conditioning

- Turkey operates on the European standard 220-240 volts and uses Types C, E, or F plugs with two small, round pins.
- We recommend packing a universal adapter, as well as a voltage converter if you plan on using your own hairdryer or other device without a built-in converter.
- The strength of the air conditioning in Turkish hotels is often not as strong or as cool as what you might be used to in the U.S. or Canada. When air conditioning is available, it is usually regulated seasonally and controlled centrally by the hotel.
- Your hotels may provide hairdryers, irons, and other small appliances. However, these amenities cannot be guaranteed.

Connectivity

- Wi-Fi is available in most hotels, though some charges may apply.
- There is no Wi-Fi on any of the motor coaches.
- Please contact your mobile service provider for information on roaming charges.

Time zones

- Turkey is two hours ahead of Greenwich Mean Time (GMT), which is seven hours ahead of Eastern Time (ET).
- When it's noon in New York, it's 7pm in Turkey.

Currency

- You will use the Turkish lira on tour.
- Better rates of exchange are usually available overseas, although it's worth ordering some currency from your local bank to use when you first arrive.
- We strongly advise that you take debit/bank cards and credit cards, which can be used to withdraw cash at local banks as needed.

- You can use most debit/credit cards at ATMs on the international networks Cirrus and Plus, but make sure to check with your home bank about withdrawal fees.
- Inform your bank and credit card company of your travel plans so that they won't confuse your international purchases for fraudulent charges.
- International banks and businesses primarily accept debit and credit cards that work with the EMV chip system. If you do not already have at least one debit or credit card with a chip in it, we strongly recommend requesting one from your bank prior to your tour.

Tipping

- At the conclusion of your tour, it's customary to offer your Tour Director and driver a gratuity in USD rather than local currency.
 Please keep current exchange rates in mind.
- We recommend tipping between \$10USD to \$12USD per person per day for your Tour Director and \$3USD per person per day for your driver.
- If applicable, we also recommend \$2USD per local guide.
- Tips can only be paid in cash.