

## Passport, Visa & Entry Requirements

- In order to enter the United Kingdom and Ireland, U.S. and Canadian citizens need a valid passport with an expiration date extending at least six months beyond the date of reentry.
- We recommend having at least one blank passport page for entry stamps.
- There is no visa required for U.S. or Canadian citizens.
- If you are not a U.S. or Canadian citizen, you must contact each country's consulate for your specific entry requirements.
- You can see the most up-to-date entry requirements for the destination(s) you'll visit on tour by going to [goaheadtours.com/entry-requirements](https://goaheadtours.com/entry-requirements) and searching the code SIR.

## Arrival & Departure Information

- Round-trip flights booked through Go Ahead Tours arrive in Edinburgh (or London on the pre-tour extension) and depart from Dublin.
- Transfers to and from the airport at your destination are included for travelers who have purchased their flights through Go Ahead Tours. Travelers who purchase their own flights may request airport transfers with Go Ahead Tours for an additional cost if they are arriving or departing on the standard day.
- When you arrive, a Go Ahead representative will be waiting for you in the arrivals hall with a Go Ahead sign or a sign with your name(s). If you don't see a representative immediately, please be patient and stay in the arrivals area. They may be assisting another traveler who has also just arrived and will be back shortly.

## Transportation on Tour

- This tour includes various modes of transportation including private motor coach and ferry. Some modes of transportation will have raised platforms or steps and often not provide access to ramps or lifts.
- A ferry ride from Cairnryan to Belfast is included in the price of your tour (the tour extension also includes a train ride from

London to Edinburgh).

- All other included transportation on this tour is by private motor coach.
- European train stations typically operate similarly to airports where security measures, such as baggage and body scanners, are common. Platforms are often spread out across large distances and require travelers to manage their luggage on escalators or stairs. Porterage services are not offered on train transfers and luggage storage on trains is extremely limited. Please keep in mind that trains may only be stopping at the stations for a few minutes; speed with loading and unloading may be imperative.

## Baggage Allowance & Expectations

- Please note that our travelers are limited to one checked bag and one personal item per person due to storage limitations on motor coaches, which include a ferry (and train if on the London, pre-extension).
- Some airlines may impose additional charges if you exceed baggage size and weight restrictions. Be advised that you are responsible for any baggage fees incurred on all flights.
- Contact your airline(s) for baggage size and weight restrictions for your flights.
- Make sure you label your baggage and keep valuables, medication, and documents in your carry-on bag.
- Travelers must manage their own luggage throughout tour as porters are not guaranteed. This includes at hotels, airports, trains, and when boarding the ferry.
- Travelers need to be prepared to manage their own luggage during ferry transfers; this includes carrying your luggage up/down the boarding ramp, and managing crowded spaces with other people and motor vehicles.
- For travelers on the London pre-extension, luggage storage on trains is extremely limited, and often requires travelers to lift their suitcases onto storage racks, sometimes above the seats.

## Clothing & Packing Tips

- We recommend packing lightweight, loose-

fitting clothing that can be easily layered to accommodate varying temperatures, as well as a light jacket or rainwear.

- A sturdy pair of walking shoes or sneakers is recommended for sightseeing.
- You may want to pack dressier attire if you plan to visit a high-end restaurant or attend a special performance.
- It is preferable not to visit churches or other religious sites with bare legs and shoulders (and entrance may be denied on this basis).
- We recommend packing a reusable water bottle to cut down on single use plastic waste.
- We recommend packing a universal adapter, as well as a voltage converter if you plan on using your own hairdryer or other device without a built-in converter.
- We recommend packing your Insurance Card (from your primary insurance provider) in your carry on luggage.

## Meals & Cuisine

- This tour includes 5 dinners. Included meals may be plated set menus, buffet or family style depending on the location. Dinners include one glass of beer, wine, or soft drink and water, coffee and tea.
- Breakfast each morning is also included at the hotel and is typically buffet style with hot and cold options.
- Scottish cuisine relies on readily available ingredients like game, dairy, and fish, with little use of exotic spices. Pickled kippers and smoked salmon are popular, as well as hearty dishes like Scotch broth (stew of meat and root vegetables) and haggis (a savory pudding of sheep innards). Scotch whisky is a legendary local spirit, and Scottish ales are world-famous.
- Irish pubs serve up hearty lunches, such as the traditional stew of bacon and boiled cabbage. Soda bread is delicious, very filling and served with many meals. Nibble a scone at afternoon tea, with a pat of high-quality butter from County Kerry. Guinness stout is an international sensation, but locals might favor Murphy's, depending on where you are.
- Dublin has seen something of a culinary revolution, and the city now boasts an

impressive array of new restaurants offering exciting cuisine with continental Europe, Asian, and even American influences.

- For traditional English fare at a reasonable price, try a pub meal of fish and chips or bangers and mash. Stilton cheese, steak and kidney pie, and Cumberland sausages are also worth a try. Sip afternoon tea with delicious finger sandwiches and scones at Harrods in London for the ultimate in English tradition.
- Modern-day London boasts an array of diverse international restaurants. Popular options for the adventurous palate include Indian, Thai, Chinese, Indonesian, Greek, and West African cuisine.

## Tipping

- At the conclusion of your tour, it is customary to offer your Tour Director and driver a gratuity in local currency. Please keep current exchange rates in mind.
- We recommend tipping the equivalent of \$10USD to \$12USD per person per day for your Tour Director and the equivalent of \$3USD per person per day for your driver.
- If applicable, we also recommend the equivalent of \$2USD per local guide.
- Tips can only be paid in cash.
- If you are traveling to multiple countries with different currencies and the same Tour Director, ask them what currency they prefer for their tip.
- The cost of portage is included in your tour price, and it is not necessary to tip baggage handlers.

## Currency

- You will use the Pound sterling in the United Kingdom and the euro in Ireland.
- Better rates of exchange are usually available overseas, although it's worth ordering some currency from your local bank to use when you first arrive.
- We strongly advise that you take debit/bank cards and credit cards, which can be used to withdraw cash at local banks as needed.
- You can use most debit/credit cards at ATMs on the international networks Cirrus and Plus, but make sure to check with your home bank about withdrawal fees.

- Inform your bank and credit card company of your travel plans so that they won't confuse your international purchases for fraudulent charges.
- International banks and businesses primarily accept debit and credit cards that work with the EMV chip system. If you do not already have at least one debit or credit card with a chip in it, we strongly recommend requesting one from your bank prior to your tour.
- Plan ahead and bring cash to tip your tour director, local guides, and bus drivers. We also recommend keeping coins in the local currency on hand, as some public bathrooms may charge a fee for use.

## Responsible Travel

- When you travel with EF Go Ahead Tours, you'll make a positive impact on the places you visit, and the people and animals you meet along the way. That's because our three core Responsible Travel commitments—protecting the environment, supporting local communities, and promoting animal welfare—are at the heart of every tour we offer.
- Travel, when done responsibly, can make an enormous socio-economic impact to communities. To maximize your impact, eat at locally owned restaurants and shop at local businesses. Ask your Tour Director to point out restaurants they recommend.
- Prepare for your trip: be aware of the monetary norms such as tipping and negotiating in a market, learn about the destination's forms of etiquette, and take some time to learn a few words in the local language.
- When interacting with locals, make sure to ask people for permission before you take their picture, and approach cultural differences with empathy and an open mind.
- EF Go Ahead Tours encourages our travelers to limit their waste while on the road, especially single use plastics. You can avoid single use plastics by packing your own toiletries, using electronic documents, and bringing a reusable water bottle and shopping bag. If you need to use plastics or paper, please recycle.

- Environment: On this tour, we recommend the use of a reusable water bottle, as the local drinking water is safe for travelers. Your Tour Director can provide additional guidance on local water standards. Make sure to bring a reusable water bottle to cut down on single use plastics.
- Environment: When visiting national parks, reserves, or other protected areas, please do not remove anything from the natural environment or leave any litter. Carry out what you carried in.