London, Paris & Amsterdam

Pre-departure information for your tour

Passport, visa & entry requirements

- This tour visits the United Kingdom, France, and the Netherlands (plus Germany on the tour extension). In order to enter these countries, U.S. and Canadian citizens need a valid passport with an expiration date extending at least six months beyond the date of reentry.
- We recommend having at least one blank passport page for entry stamps.
- There is no visa required for U.S. or Canadian citizens.
- If you are not a U.S. or Canadian citizen, you must contact each country's consulate for your specific entry requirements.
- You can see the most up-to-date entry requirements for the destination(s) you'll visit on tour by going to goaheadtours.com/entry-requirements and searching the code LPN

Tour pacing & mobility

- You will walk for at least 1.5 hours daily across mostly flat terrain, including paved roads and cobblestone streets, with few hills or stairs.
- Travelers should be healthy enough to participate in all included walks without assistance. Adding optional excursions may increase the amount of walking on your tour.
- You should feel comfortable managing your own baggage at times, as well as getting in and out of trains.
- Go Ahead Tours and the Tour Director who accompanies your group are unable to provide special, individual mobility assistance to travelers on tour. The responsibility of the Tour Director is to ensure the group as a whole enjoys a relaxing and informative journey, and he or she cannot be relied upon to provide ongoing, individualized assistance to any one traveler.
- If you have any mobility concerns or physical restrictions, please contact our Customer Experience Team.

Transportation & arrival information

- Round-trip flights booked through Go Ahead Tours arrive in London and depart from Amsterdam (or Berlin on the tour extension). When you first arrive in London, a driver from a private chauffeur service will be standing at the arrival gate with your name on a message board. If you do not see your driver, please remain in the arrival lounge, as the driver may be escorting one of your fellow travelers to the shuttle at the time of your arrival. For more details, please reference the London transfer information included in your Go Kit.
- Transfers to and from the airport at your destination are included for travelers who have purchased their flights through Go Ahead Tours. Travelers who purchase their own flights may request airport transfers with Go Ahead Tours for an additional cost.
- Train rides from London to Paris and from Paris to Amsterdam are included in the price of your tour. (The tour extension also includes a flight from Amsterdam to Berlin.)
- All other included transportation on this tour is by private motor coach.

Baggage allowance

- Please note that our travelers are limited to one checked bag and one carry-on bag per person due to storage limitations on motor coaches and other transfers, which may include train connections or flights.
- Contact your airline(s) for baggage size and weight restrictions for your flights, which may include on-tour flights in addition to your round-trip flights to and from tour. Please note that your included on-tour flights may have more restrictive baggage limits.
- Some airlines may impose additional charges if you choose to check any baggage or exceed baggage size and weight restrictions. Be advised that you are responsible for any baggage fees incurred on all flights.
- Make sure you label your baggage and keep valuables, medication, and documents in your carry-on bag.

Clothing & packing tips

- We recommend lightweight, loose-fitting clothing that can be easily layered to accommodate varying temperatures, as well as a light jacket or rainwear.
- A sturdy pair of walking shoes or sneakers is recommended for sightseeing.
- You may want to pack dressier attire if you plan to visit a high-end restaurant or attend a special performance.
- It is preferable not to visit churches or other religious sites with bare legs and shoulders (and entrance may be denied on this basis).

Health

- At least 60 days prior to departure, check with your doctor or healthcare provider for the latest updates and entry requirements, or visit the Center for Disease Control and Prevention website at cdc.gov.
- If you have medication that you take daily, be sure you have enough for each day of the tour as well as any possible delays encountered.
- If you have dietary restrictions and/or food allergies please notify Go Ahead Tours at least 30 days prior to departure by logging in to your account and updating your traveler info. To update this information closer to your departure date, please call our Customer Experience Team.
- You can see the most up-to-date entry requirements for the destination(s) you'll visit on tour by going to goaheadtours.com/entry-requirements and searching the code LPN

Cuisine

- For traditional English fare at a reasonable price, try a pub meal of fish and chips or bangers and mash. Stilton cheese, steak and kidney pie, and Cumberland sausages are also worth a try.
- Modern-day London boasts an array of diverse international restaurants. Popular options for the adventurous palate include Indian, Thai, Chinese, Indonesian, Greek, and West African cuisine.Sip afternoon tea with delicious finger sandwiches and scones at Harrods for the ultimate in English tradition.

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- For a picnic with French flair, stop at a small grocery store for cheeses, *pâtés*, cured meats, fresh-baked bread, and fruit. In the cities, sidewalk vendors are known for their steaming crepes, while mouthwatering pastries and hot *café au lait* beckon from cafes. In restaurants, the prix fixe option is a popular way to enjoy a set three- or four-course menu for a good price.
- Although lunch is generally served from noon until 2pm in France, dinner is served from 7:30pm onward. Those wishing to eat earlier can stop at a cafe, where light entrées and sandwiches are available throughout the afternoon and evening.
- In the Netherlands, simply prepared meat and fish dishes, substantial soups, and hearty stews are local staples. Snack food traditionally features fish—you might try *maatje*, raw green herring served with onions—but pancakes, french fries, doughnuts, and waffles are justas plentiful.
- On the tour extension, German food is hearty and substantial. Among the specialties are dumpling stews, sauerkraut, sausages, smoked cheeses, and dark breads. Bavaria produces some of the world's purest beers, and white German wines are exceptionally good.

Electricity & air conditioning

- The United Kingdom operates on the European standard 220-240 volts and uses a Type G plug with three large, flat pins.
- France and the Netherlands (plus Germany on the tour extension) operate on the European standard 220-240 volts and use Types C, E, or F plugs with two small, round pins.
- We recommend packing a universal adapter, as well as a voltage converter if you plan on using your own hairdryer or other electrical device without a built-in converter.
- The strength of the air conditioning in European hotels is often not as strong or as cool as what you might be used to in the U.S. or Canada. When air conditioning is available, it is usually regulated seasonally and controlled centrally by the hotel.
- Some of the hotels on this tour will provide hairdryers, irons, and other small appliances, but these amenities cannot be guaranteed.

Connectivity

- Wi-Fi is available in most hotels, though some charges may apply.
- There is no Wi-Fi on any of the motor coaches.
- Please contact your mobile service provider for information on roaming charges.

Time zones

- The United Kingdom is on Greenwich Mean Time (GMT), which is five hours ahead of Eastern Time (ET).
- France and the Netherlands (plus Germany on the tour extension) are one hour ahead of GMT and six hours ahead of ET.
- When it's noon in New York, it's 5pm in the United Kingdom and 6pm in France and the Netherlands (as well as in Germany on the tour extension).

Currency

- You will use the Pound sterling in the United Kingdom and the euro in France and the Netherlands (as well as in Germany on the tour extension).
- Better rates of exchange are usually available overseas, but you may choose to order some currency from your local bank to use when you first arrive.
- We strongly advise that you take debit/bank cards and credit cards, which can be used to withdraw cash at local banks as needed.
- You can use most debit/credit cards at ATMs on the international networks Cirrus and Plus, but make sure to check with your home bank about withdrawal fees.
- Inform your bank and credit card company of your travel plans so that they won't confuse your international purchases for fraudulent charges.
- International banks and businesses primarily accept debit and credit cards that work with the EMV chip system. If you do not already have at least one debit or credit card with a chip in it, we strongly recommend requesting one from your bank prior to your tour.

Tipping

- At the conclusion of your tour, it's customary to offer your Tour Director and driver a gratuity in local currency. Please keep current exchange rates in mind.
- We recommend tipping the equivalent of $7USD to $10USD per person per day for your Tour Director and the equivalent of $3USD per person per day for your driver.
- If applicable, we also recommend the equivalent of $2USD per local guide.
- Tips can only be paid in cash.

Purchasing excursions on tour

- Most optional excursions will be available for purchase while you are on tour.
- Your Tour Director will only accept cash (in USD only), Visa, or MasterCard as payment for excursions.
- Please be advised that if you pay for an excursion by credit card while on tour, it may take up to three months for your card to be charged.
- Some optional excursions may only be purchased in advance. See page four of your tour itinerary for more information.