## Highlights of India & Nepal: Delhi, Agra & Kathmandu

Pre-departure information for your tour



#### Passport, Visa & Entry Requirements

- To enter India and Nepal, U.S. and Canadian citizens need a valid passport with an expiration date extending at least six months beyond their return date. We recommend having at least two blank passport pages for entry stamps.
- U.S. and Canadian passport holders must obtain an Indian visa prior to their tour. You may <u>apply for an eVisa yourself</u> or use a third-party provider, such as our partner company, <u>VisaCentral</u>.
- U.S. and Canadian passport holders must also obtain a Nepalese visa. To receive one, you may pay \$30USD at the airport in Kathmandu, apply in advance with the Nepalese consulate, or use a third-party provider like <u>VisaCentral</u>.
- Regardless of how you choose to obtain your visas, you're responsible for any costs associated with getting them.
- If you're not a U.S. or Canadian citizen, you must contact both consulates for specific entry requirements.
- You can see the most up-to-date entry requirements for the destination(s) you'll visit on tour by going to <u>goaheadtours.com/</u> <u>entry-requirements</u> and searching the code INP.

### **Arrival & Departure Information**

- Round-trip flights booked through Go Ahead Tours arrive in and depart from Delhi.
- When you arrive in Delhi, a Go Ahead representative will be waiting for you in the arrivals hall with either a Go Ahead sign or one bearing your name. If you don't see them immediately, please be patient and stay in the arrivals area. They may be assisting another traveler and will be back shortly.
- Transfers to and from the airport at your destination are included for travelers who purchase their flights through Go Ahead Tours. Travelers who purchase their own flights, and who'll arrive and depart from the same airports on the same travel days as their fellow group members, may request transfers with Go Ahead Tours for an additional cost.

#### **On-Tour Transportation**

- This tour utilizes various modes of transportation, including planes, rickshaws, and 4x4 land cruisers. To board some of them, you may have to climb raised platforms or steps: For instance, the 4x4 land cruisers used on the game drive have high steps. Often, there won't be access to ramps or lifts.
- Your game drive will be long and may cross bumpy terrain, so we recommend bringing a small pillow to ease the ride and the impact it may have on your body.
- A round-trip flight between Delhi and Kathmandu is included in the price of your tour.
- All other included transportation on this tour is by private motor coach.

# Baggage Allowance & Expectations

- Please note that our travelers are limited to one checked bag each due to storage limitations on motor coaches and other transfers.
- Some airlines may impose additional charges if you exceed baggage size and weight restrictions, and you'll be responsible for any fees incurred.
- Your on-tour flights may have tighter limits than the ones you'll take to get to and from India, with weight restrictions as low as 44lbs for checked bags. Be sure to contact your airline(s) for the baggage size and weight restrictions on your specific flights.
- Make sure you label your baggage and keep valuables, medication, and documents in your carry-on bag.
- Travelers must be able to manage their luggage throughout tour; porters aren't guaranteed at hotels, airports, or train stations.

#### **Clothing & Packing Tips**

- We recommend packing lightweight, loosefitting clothing that can be easily layered to accommodate varying temperatures, as well as a light jacket or rainwear.
- A sturdy pair of walking shoes or sneakers is recommended for sightseeing.

- You may want to pack dressier attire if you plan to visit a high-end restaurant or attend a special performance.
- It's preferable not to visit temples or other holy places with bare legs or shoulders; entrance may be denied on this basis. And remember: You must remove your shoes at all Buddhist religious sites.
- Waterproof shoes or sandals, a swimsuit, sunscreen, and insect repellent are recommended for outdoor activities. Binoculars are also handy for taking a closer look at local wildlife and scenery.
- We recommend packing a universal adapter, as well as a voltage converter if you plan on using your own hairdryer or other device without a built-in converter.
- In case of emergencies, we also recommend packing your medical insurance card in your carry-on.

### Meals & Cuisine

- This tour includes three lunches and five dinners: They may be set menus; buffets; or family-style meals, depending on the location. Dinners also include one glass of beer, wine, or a soft drink, as well as water, coffee, and tea.
- A hotel breakfast is included each morning, and is typically a buffet-style meal with hot and cold options.
- While meat-free options abound in both countries, Northern India and Nepal are known for flavorful meat dishes like kebab (a mixture of meats and seasonings, skewered and grilled) and biryani (a hearty serving of rice, meat, and spices). However, the tandoor is the region's culinary calling card. You'll find everything from chicken and vegetables to paneer (an ubiquitous Indian cheese) slowly cooking in these cylindrical clay ovens.
- Meals are usually served with rice or a variety of breads—such as unleavened roti, deep-fried puri, and famous, flat naan.

## Tipping

• At the conclusion of your tour, it's customary to offer your Tour Director and driver a gratuity in local currency. Please keep current exchange rates in mind.

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- We recommend tipping the equivalent of \$10-\$12USD per person, per day for your Tour Director and the equivalent of \$3USD per person, per day for your driver.
- If applicable, we also recommend the equivalent of \$2USD per local guide.
- Tips can only be paid in cash.
- The cost of porterage is included in your tour price; it isn't necessary to tip baggage handlers.

#### Currency

- On this tour, you'll use the Indian rupee in India and the Nepalese rupee in Nepal.
- Better rates of exchange are usually available overseas—though you may want to order some currency from your local bank or a retailer, such as <u>Travelex</u>, before you arrive.
- Travelers may bring up to 25,000 rupees with them when entering India through an airport. Travelers may also take up to 5,000 rupees with them from India to Nepal.
- If you wish, you can get rupees at a currency exchange booth at your arrival airport. Keep a receipt of your transaction.
- Cash is the preferred method of payment across India and Nepal. Some larger vendors may accept international debit and credit cards, such as Mastercard and Visa. This, however, is uncommon, and minimum purchases are generally required on cardbased transactions.
- Plan ahead and bring cash to tip your Tour Director, bus driver, and local guides.

#### **Responsible Travel**

- When you travel with Go Ahead Tours, you'll make a positive impact on the places you visit and the people and animals you meet along the way. That's because our three core Responsible Travel commitments—protecting the environment, supporting local communities, and promoting animal welfare—are at the heart of every tour we offer.
- Travel, when done responsibly, can have an enormous socioeconomic impact on communities. To maximize your impact, eat at locally owned restaurants and shop at small businesses. Ask your Tour Director to point out restaurants they recommend.

- Prepare for your trip: Be aware of monetary norms such as tipping and negotiating in a market; learn about the destination's forms of etiquette; and take some time to learn a few words in the local language.
- When interacting with locals, make sure to ask people for permission before you take their picture, and approach cultural differences with empathy and an open mind.
- Go Ahead Tours encourages travelers to limit their waste while on the road, especially single-use plastics. You can cut back on generating plastic waste by packing your own toiletries, using electronic documents, and bringing a reusable water bottle and shopping bag. If you need to use plastics or paper, please recycle.
- When you come across wild animals on tour, take the philosophies of World Animal
  Protection to heart: Don't touch or feed
  them, and maintain a respectful distance.
  The animals you encounter on your trip
  should be able to exhibit natural forms of
  behavior.
- Furthermore, avoid buying exploitative animal products, like crafts made from tortoiseshell or meals such as shark fin soup.
- If you feel we aren't meeting any of these commitments, please let us know.