

Iceland: Reykjavik & the Northern Lights

Pre-departure information for your tour



Passport, visa & entry requirements

- In order to enter Iceland, U.S. and Canadian citizens need a valid passport with an expiration date extending at least six months beyond the date of reentry.
- We recommend having at least one blank passport page for entry stamps.
- There is no visa required for U.S. or Canadian citizens.
- If you are not a U.S. or Canadian citizen, you must contact each country's consulate for your specific entry requirements.
- You can see the most up-to-date entry requirements for the destination(s) you'll visit on tour by going to goaheadtours.com/entry-requirements and searching the code ICL.

Tour pacing & mobility

- You will walk for at least 2 hours daily across moderately uneven terrain, including wet, slippery gravel and paved paths with some uphill climbs.
- Travelers should be healthy enough to participate in all included walks without assistance.
- You should feel comfortable managing your own luggage at times, as well as getting in and out of ferries.
- Go Ahead Tours and the Tour Director who accompanies your group are unable to provide special, individual mobility assistance to travelers on tour. The responsibility of the Tour Director is to ensure the group as a whole enjoys a relaxing and informative journey, and he or she cannot be relied upon to provide ongoing, individualized assistance to any one traveler.
- If you have any mobility concerns or physical restrictions, please contact our Customer Experience Team.

Transportation & arrival information

- Round-trip flights booked through Go Ahead Tours arrive in and depart from Reykjavik. A representative from Go Ahead Tours will meet you at the airport and take you to your

hotel. Please remain in the arrival lounge, as the representative might be escorting one of your fellow travelers to the bus at the time of your arrival.

- Transfers to and from the airport at your destination are included for travelers who have purchased their flights through Go Ahead Tours. Travelers who purchase their own flights may request airport transfers with Go Ahead Tours for an additional cost.
- Depending on the time of year, some travelers may be required to spend an extra night in the U.S. before boarding their connecting flight home. In these cases, Go Ahead Tours will reserve your hotel and you'll arrive home one day after the last day of the tour.
- All other included transportation on this tour is by private motor coach.

Baggage allowance

- Please note that our travelers are limited to one checked bag and one carry-on bag per person due to storage limitations on motor coaches and other transfers, which may include train connections or flights.
- Contact your airline(s) for baggage size and weight restrictions for your flights, which may include on-tour flights in addition to your round-trip flights to and from tour. Please note that your included on-tour flights may have more restrictive baggage limits.
- Some airlines may impose additional charges if you choose to check any baggage or exceed baggage size and weight restrictions. Be advised that you are responsible for any baggage fees incurred on all flights.
- Make sure you label your baggage and keep valuables, medication, and documents in your carry-on bag.

Clothing & packing tips

- Winters in Iceland are generally cold. To ensure you're comfortable for outdoor sightseeing and evening northern lights excursions, we recommend packing a warm coat, hat, gloves, winter socks, as well as rainwear.
- We also suggest packing lightweight, loose-fitting clothing that can easily be layered.

Avoid wearing cotton whenever possible, as it is an ineffective insulator.

- A warm sturdy pair of walking shoes or winter boots is strongly recommended for sightseeing. You may also want to consider bringing ice cleats for better traction.
- You may want to pack dressier attire if you plan to visit a high-end restaurant or attend a special performance.

Health

- At least 60 days prior to departure, check with your doctor or healthcare provider for the latest updates and entry requirements, or visit the Center for Disease Control and Prevention website at [cdc.gov](https://www.cdc.gov).
- If you have medication that you take daily, be sure you have enough for each day of the tour as well as any possible delays encountered.
- If you have dietary restrictions and/or food allergies please notify Go Ahead Tours at least 30 days prior to your departure by logging in to your account and updating your traveler info. To update this information closer to your departure date, please call our Customer Experience Team.
- You can see the most up-to-date entry requirements for the destination(s) you'll visit on tour by going to goaheadtours.com/entry-requirements and searching the code ICL.

Cuisine

- Icelandic cuisine relies on traditional, locally sourced ingredients from the Atlantic ocean and the surrounding mountains. Both fresh and dried fish, including herring, cod, and shark, are important culinary staples. Other must-tries include Icelandic lamb, which is considered to be some of the best in the world, as well as *pylsa* (hot dogs) and *skyr* cheese.

Electricity

- Iceland operates on 230 volts and uses Types C or F plugs with two round pins.
- We recommend packing a universal adapter, as well as a voltage converter if you plan on using your own hairdryer or other electrical

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device without a built-in converter.

- Your hotels may provide irons, hairdryers, and other appliances, but these amenities cannot be guaranteed.

Connectivity

- Wi-Fi is available in most hotels, though some charges may apply.
- There is no Wi-Fi on any of the motor coaches
- Please contact your mobile service provider for information on roaming charges.

Time zones

- Iceland is one hour behind Greenwich Mean Time (GMT) and four hours ahead of Eastern Time (ET).
- When it's noon in New York City, it's 4pm in Iceland.
- The amount of daylight in Iceland greatly varies based on the season. Expect as much as ten hours of daylight in the summer and as little as 4.5 hours of daylight in the winter.

Currency

- You will use the Icelandic krona on tour.
- Better rates of exchange are usually available overseas, although it's worth ordering some currency from your local bank to use when you first arrive.
- We strongly advise that you take debit/bank cards and credit cards, which can be used to withdraw cash at local banks, as needed.
- You can use most debit/credit cards at ATMs on the international networks Cirrus and Plus, but make sure to check with your home bank about withdrawal fees.
- Inform your bank and credit card company of your travel plans, so that they won't confuse your international purchases for fraudulent charges.
- International banks and businesses primarily accept debit and credit cards that work with the EMV chip system. If you do not already have at least one debit or credit card with a chip in it, we strongly recommend requesting one from your bank prior to your tour.

Tipping

- At the conclusion of your tour, it's customary to offer your Tour Director and driver a gratuity in local currency. Please keep current exchange rates in mind.
- We recommend tipping the equivalent of \$8USD to \$10USD per person per day for your Tour Director and the equivalent of \$3USD per person per day for your driver.
- If applicable, we also recommend the equivalent of \$2USD per local guide.
- Tips can only be paid in cash.

Purchasing excursions on tour

- Most optional excursions will be available for purchase while you are on tour.
- Your Tour Director will only accept cash (in USD only), Visa, or MasterCard as payment for excursions.
- Please be advised that if you pay for an excursion by credit card while on tour, it may take up to three months for your card to be charged.
- Some optional excursions may only be purchased in advance. See page four of your tour itinerary for more information.