



Provence & the French Riviera Walking Tour

10 days | 13 days with French Alps extension

Slow your pace. Breathe in the fresh air. On this Walking Tour, retrace the footsteps of painters and pilgrims who have long been inspired by France's natural splendor. From the fields of fragrant lavender to the cliffs of the Côte d'Azur, discover a Provence that delights all the senses.



Your tour package includes

- 8 nights in handpicked hotels
- 8 breakfasts
- 1 lunch
- 3 dinners with beer or wine
- 6 guided walks
- 11 sightseeing tours
- Expert Tour Director & local guides
- Private deluxe motor coach

Included highlights

- Côte d'Azur walk
- Nice's Old Town
- Moustiers-Sainte-Marie
- Avignon's Papal Palace
- Pont du Gard
- Arles
- Ménerbes
- Aix Cathedral
- Sainte-Baume walk

Tour pace

On this guided tour, you'll walk for at least 2 hours daily across mostly flat terrain, including paved roads, unpaved trails, and sandy paths, with some steep hills.

Group size

10-22

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Overnight Flight → 1 night

Day 1: Travel day

Board your overnight flight to Nice today.

French Riviera → 2 nights

Day 2: Arrival in the French Riviera

Included meals: welcome dinner

Welcome to France! Transfer to your hotel on the French Riviera. Then, meet your Tour Director and fellow travelers at a welcome dinner.

Day 3: Côte d'Azur cliffside walk & Nice

Included meals: breakfast

Set out for a series of activities along the scenic French Riviera today.

- Take a cliffside walk along the Côte d'Azur, admiring views of the Mediterranean as you go
 - Drive along the famed Promenade des Anglais en route to Nice
 - Discover the narrow streets of Nice's charming Old Town
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Avignon → 3 nights

Day 4: Avignon via Moustiers-Sainte-Marie & Roussillon

Included meals: breakfast, dinner

Get to know the Provence region with several visits en route to Avignon.

- Walk through the medieval village of Moustiers-Sainte-Marie, known for its blue-and-white ceramics, and see the Notre-Dame de Beauvoir chapel
- Continue on to Roussillon for an hour-long walk past the colorful red rocks of the town's open-air ochre mines

Continue on to Avignon and sit down for an included dinner with your group.

Day 5: Sightseeing tour of the Papal Palace & Pont du Gard

Included meals: breakfast

Join a local guide and step inside the opulent

Papal Palace, from which Pope Clement V reigned during the 14th century. Then, explore Avignon's Old Town during free time before visiting the Pont du Gard, the region's famed Roman aqueduct.

Enjoy a free evening in Avignon or add an excursion.

+ Châteauneuf-du-Pape Wine Tasting & Dinner

Day 6: Arles & the Camargue Region

Included meals: breakfast, lunch

Take a walking tour of Arles, the adopted hometown of Vincent van Gogh. Then, journey to the Camargue region where you'll enjoy an included lunch and uncover its charms this afternoon.

- Stop in the fishing village of Saintes-Maries-de-la-Mer, the region's capital
 - Enter the Camargue National Reserve to stroll through the bird park, keeping your eyes peeled for flamingos, herons, and more
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Aix-en-Provence Region → 3 nights

Day 7: Aix-en-Provence Region via Isle sur la Sorgue & Menerbes

Included meals: breakfast

Make your way to the Aix-en-Provence region through the picturesque landscapes that influenced the French masters.

- Take a short stroll at the Fontaine-de-Vaucluse spring
- Enjoy free time in the Provençal town of Isle sur la Sorgue
- Make a photo stop in Gordes, known as one of most beautiful villages in France
- Walk through the walled village of Menerbes, located on a hilltop in the Luberon Valley

Day 8: Sightseeing tour of Aix-en-Provence

Included meals: breakfast

Embark on a guided sightseeing tour of Aix-en-Provence.

- Pass Aix Cathedral, built on the site of the first-century Roman forum
- Enter Paul Cézanne's studio
- Stroll the beautiful boulevards

Enjoy a free afternoon in the Aix-en-Provence region or add an excursion.

+ Coastal Cassis: Calanques Cruise & Walk

Day 9: Sainte-Baume walk

Included meals: breakfast, farewell dinner

Travel outside of the Aix-en-Provence region into the Provençal countryside today. You'll enjoy an invigorating uphill walk to the pilgrimage site of Sainte-Baume, where Mary Magdalene is said to have lived.

Later, celebrate your trip with fellow travelers at a farewell dinner.

Flight Home

Day 10: Departure

Included meals: breakfast (excluding early morning departures)

Transfer to Marseille airport for your flight home or continue on to explore Annecy.

+ French Alps extension

Generally famous for their winter sports, the French Alps have medieval charm, beautiful alpine scenery, and even a little Venetian feel. Continue your trip to explore this picture-perfect destination and enjoy sightseeing of lakeside towns, glaciers and Mount Blanc.

French Alps → 3 nights

Day 10: French Alps via Annecy

Included meals: breakfast

Travel through the Alps today, taking in stunning scenery as you pass Alpine lakes, mountains, and charming villages.

- Stop in the lakeside town of Annecy for a Tour Director led walk through the historic Old Town
 - Stroll the cobblestone streets, passing the open-air market
 - Take in the surrounding views of the Alps
- After, continue on to your hotel in the French Alps.

Day 11: Chamonix walk

Included meals: breakfast

Make your way to Chamonix, a picture-perfect village at the base of Mont Blanc.

- Take the famous Montenvers cog railway up the mountain
- Enjoy stunning panoramic views of the Alps and Mer de Glace, a massive glacier, during an hour-long walk
- Take time to explore the village on your own

Day 12: Free day in French Alps

Included meals: breakfast

Enjoy a free day in the French Alps or add an excursion.

This evening, sip a farewell drink as you celebrate your trip with your fellow group members.

+ Haute-Savoie: Gorges du Fier & Château de Menthon

Flight Home

Day 13: Departure

Included meals: breakfast (excluding early morning departures)

Transfer to the Geneva airport for your flight home.

Customize your experience

Customize your tour by adding excursion options. Excursions offered on the same day will occur at different times, so there's no need to choose. Save \$10 when you book your excursion up to three days before your tour departs.* Excursions requiring advance reservation only list this discounted price. Call or go online to customize your tour: goaheadtours.ca/WTP | 1-800-754-5066

Day 5: Châteauneuf-du-Pape Wine Tasting & Dinner

\$189CAD/\$199CAD* (5 hours, departs in the evening with dinner)

During tonight's excursion, leave Avignon and travel to Châteauneuf-du-Pape, a region boasting 13 different varieties of grapes. At a local wine cellar, you'll be invited to sample several of the region's most distinctive vintages. After your tasting, sit down for an included dinner at a local restaurant featuring a selection of Provençal dishes, then make your way back to Avignon.

Day 8: Coastal Cassis: Calanques Cruise & Walk

\$119CAD/\$129CAD* (7 hours, departs in the afternoon)

Discover the seaside village of Cassis on the Côte d'Azur today. Ride a small train to the center of the hillside town, where you'll enjoy free time to explore. Board a boat and take a cruise through Cassis Harbor to soak in beautiful vistas of the surrounding coastline and calanques, narrow fjord-like inlets carved into the white limestone. Then, take in stunning views of the Mediterranean Sea during a hillside walk above Cap Canaille. Along the way, make stops to snap photos of the scenic harbor and calanques. Please note: This excursion is weather-dependent. Travelers should expect to walk one mile and we recommend bringing clothes that can be easily layered. From October through April, the small train will be replaced by a bus transfer to the city center.

Extension excursion options

Day 12: Haute-Savoie: Gorges du Fier & Château de Menthon

\$149CAD/\$159CAD* (5.5 hours, departs in the morning, lunch included)

Travel just outside of Annecy to Fier Gorge, which has been carved out by the River Fier over thousands of years. Walk through the narrow canyon on a footbridge, viewing the stunning rock formations and unique geological features that surround you. Then, continue on to the village of Vaulx, where you'll visit Menthon-Saint-Bernard Castle, the inspiration for the castle in Disney's Sleeping Beauty. Afterward, sit down to lunch at a local restaurant before heading back to Annecy. Please note: This excursion is seasonal and runs from April through September. The terrain you will be walking on during this excursion is mostly flat with a few steep steps.

*Optional excursions may be purchased up to three days prior to departure or while on tour. Pre-purchased optional excursions cannot be canceled within three days prior to departure or while on tour. Select optional excursions require advance booking and cannot be purchased or canceled after the advanced reservation deadline. GAT accepts payment by cash, Visa or MasterCard for optional excursions purchased on tour. Additional fees may apply for optional excursions purchased on tour. Excursions require a minimum number of participants to operate. Details and prices are subject to change. Due to seasonal hours of operation and availability, some excursions may not operate. If this occurs, you will be refunded any payments made for that excursion post-tour. Learn more at goaheadtours.ca/terms