



Poland & the Baltics Adventure: Warsaw to Tallinn

12 days

In the Baltics, time travel is (almost) a real thing. The region's present-day scene is as fascinating as its past, thanks to its rebirth at the end of Communist rule. Whether you're strolling through UNESCO-listed centers in every capital or bar-hopping to taste 18th-century liquors, this small group Adventure Tour is full of moments that'll make you say "wow."



Your tour package includes

- 10 nights in handpicked hotels
- 10 breakfasts
- 5 dinners with beer or wine
- 1 cider tasting
- 3 tastings
- 8 sightseeing tours
- Expert Tour Director & local guides
- Private deluxe motor coach

Included highlights

- Warsaw Rising Museum
- Masurian Lake District
- Krutynia River float
- Wolf's Lair
- Museum of Occupations and Freedom Fights
- Hill of Crosses
- Rundale Palace and gardens
- Riga Central Market
- Estonian cider tasting
- Medieval Walls of Tallinn

Tour pace

On this guided tour, you'll walk for about 2.5 hours daily across moderately uneven terrain, including paved roads and cobblestone streets, with some hills and stairs.

Group size

12-22

TICO-2395858 | CPBC-73991 | OPC-702373
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12 days

Overnight Flight → 1 night

Day 1: Travel day

Board your overnight flight to Warsaw today.

Warsaw → 2 nights

Day 2: Arrival in Warsaw

Included meals: welcome dinner

Welcome to Poland! Meet your Tour Director and fellow travelers at tonight's welcome dinner.

Day 3: Sightseeing tour of Warsaw

Included meals: breakfast, tasting

On a guided tour, get to know Warsaw, a city all but destroyed during World War II and painstakingly rebuilt since 1944.

- See the Chopin Monument at Lazienki Park
- View the Palace of Culture and Science, the tallest building in Poland commissioned by Stalin
- Visit the Jewish Ghetto and the Jewish Memorial
- Enter the Warsaw Rising Museum to learn about the Ghetto's doomed revolt against the Nazis
- Walk through the Old Town and pop into a local bakery for a paczki tasting

Enjoy a free afternoon in Warsaw or add an excursion.

+ Warsaw Cooking Class & Dinner

Masurian Lake District → 1 night

Day 4: Masurian Lake District via Mikolajki & Krutynia River float

Included meals: breakfast, dinner

Travel to the UNESCO-recognized biosphere of the Masurian Lake District. Stop in Mikolajki, a resort town on Lake Sniardwy, to enjoy free time for lunch. Then, embark on a leisurely scenic river float down the Krutynia River with a local guide. They'll help you identify the rare species of flora and fauna that reside in this unique region.

Sit down for an included dinner with your group this evening

Vilnius → 2 nights

Day 5: Vilnius via Wolf's Lair

Included meals: breakfast, dinner

Leave Poland behind as you travel to Vilnius, Lithuania. En route, stop to meet a local guide at the infamous Wolf's Lair, which served as Hitler's Eastern Front headquarters during World War II. Explore the ruins and the encroaching forest on a guided walk.

In Vilnius, sit down to an included dinner with your group.

Day 6: Walking tour of Vilnius

Included meals: breakfast

Embark on a guided tour of Vilnius, the Lithuanian capital.

- Discover the Baroque, UNESCO-listed Old Town on a walking tour with a local guide
- See Gediminas' Castle, Vilnius Cathedral, St. Anne's Church, and Vilnius University
- Hear about life during the time of the Soviet Union and how nonviolent protests paved the way to independence
- Enter the Museum of Occupations and Freedom Fights, the former KGB headquarters, for a guided tour

Enjoy a free afternoon in Vilnius or add an excursion.

+ Trakai Castle & Kybin Pastry Tasting

Riga → 3 nights

Day 7: Riga via the Hill of Crosses & Rundale Palace

Included meals: breakfast, dinner

Travel to Riga, Latvia, stopping en route to visit the Hill of Crosses, a Lithuanian pilgrimage site. You'll also stop for a guided tour of Rundale Palace and its gardens. The site is distinguished as the largest Baroque castle in the Baltics and is the former summer residence of the Duke of Courland.

In Riga, sit down to an included dinner with your group.

Day 8: Sightseeing tour of Riga

Included meals: breakfast, tasting

Get an insider's perspective of Riga, the center of Latvian politics and culture, with a local guide leading the way.

- Explore the city's striking, UNESCO-recognized Art Nouveau district
- View the Latvian Freedom Monument and the Latvian National Opera
- Enter Central Market, housed inside an old Zeppelin hangar, to learn about local favorites and taste Latvian specialties
- See the Gothic House of the Blackheads in Vecriga, Riga's Old Town
- Enter St. Peter's Church, which dates back to the 13th century, before continuing on to Riga Castle
- Drop in to a local bar for a tasting of Riga Black Balsam liquor, an herbal liquor first created in 1752

Enjoy a free afternoon in Riga or add an excursion.

+ Kemerī National Park Scenic Walk

Day 9: Free day in Riga

Included meals: breakfast

Spend the day exploring Riga on your own or add an excursion.

+ Latvian Countryside: Castles, Valleys & Villages

Tallinn → 2 nights

Day 10: Tallinn via Pärnu County

Included meals: breakfast, tasting

En route to Tallinn, stop in Pärnu County and visit a small-scale organic cidery, where you'll tour the orchard, learn about the production process, and enjoy a tasting of five hard ciders.

Enjoy a free evening in Tallinn or add an excursion.

+ Tallinn New Nordic Dinner

Day 11: Walking tour of Tallinn

Included meals: breakfast, tasting, farewell dinner

Uncover the charms of Tallinn on a guided sightseeing tour.

- Travel through the ancient stone gates of the Old Town
- See Town Hall Square and Toompea Castle, home of the Estonian Parliament
- Visit Alexander Nevsky Cathedral, once controversial for its location, now revered as the grandest orthodox church in Tallinn

- Walk through the Balti Jaama Turg Market, home to over 300 vendors across three floors
 - Enjoy a tasting of an Estonian microbrew
- Then, join your group at a farewell dinner this evening.
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Flight Home

Day 12: Departure

Included meals: breakfast (excluding early morning departures)

Transfer to the airport in Tallinn for your flight home.

Customize your experience

Customize your tour by adding excursion options. Excursions offered on the same day will occur at different times, so there's no need to choose. Save \$10 when you book your excursion up to three days before your tour departs.* Excursions requiring advance reservation only list this discounted price. Call or go online to customize your tour: goaheadtours.ca/WBL | 1-800-754-5066

Day 3: Warsaw Cooking Class & Dinner

\$175CAD (2.5 hours, departs in the evening, includes dinner)

Try your hand at making Poland's signature dish—the pierogi. Reminiscent of a dumpling or ravioli, pierogi are traditionally stuffed with savory foods like potato, cheese, cabbage, or sauerkraut, but locals also pack them with sweeter treats like cherries, apples, or strawberries for dessert. Kick off the evening with a celebratory shot of Polish potato vodka, then roll up your sleeves and learn how to cut, stuff, and fold the dough for both savory and sweet pierogi. When you're all finished in the kuchnia (Polish for kitchen), sit down to enjoy what you've made during an included dinner. This excursion requires advance reservation and must be booked at least 20 days prior to departure.

Day 6: Trakai Castle & Kybin Pastry Tasting

\$145CAD/\$155CAD* (5 hours, departs in the afternoon)

Discover Trakai Island Castle, located on a tiny island near the south shore of Lake Galvė. The Gothic-style brick castle has defended the western approaches to Vilnius since 1409. The castle fell into disrepair in the 17th century, but has now been lovingly restored. Today, it serves as both a cultural landmark and a scenic weekend escape for residents of Vilnius. After your guided tour, visit a local restaurant to see how Lithuanians make Kybin, a meat or mushroom-stuffed pastry. Then, enjoy this national dish during a tasting, along with a tea tasting. Please note: This excursion runs from April through October.

Day 8: Kemerī National Park Scenic Walk

\$89CAD/\$99CAD* (4 hours, departs in the afternoon)

Head outside of Riga to the Baltic Sea coast for a visit to Kemerī National Park, one of the Baltic region's iconic wetland landscapes. First, stop in Jūrmala to take in the striking 19th century wooden houses, where generations of artists, musicians, and Russian literary giants, like Ivan Goncharov, have lived and worked. View the historic Kemerī Resort, where patients from all over Europe came to indulge in the healing power of the local sulfur and mud baths. Then join a local guide, and set out on a walking tour of the Great Kemerī Bog. Keep your binoculars close, as you meander the boardwalks—you just might spot a Wood Sandpiper or a European Gold Plover

Day 9: Latvian Countryside: Castles, Valleys & Villages

\$199CAD/\$209CAD* (8.5 hours, departs in the morning, includes lunch)

Travel to the Open-Air Ethnographic Museum, located on scenic Lake Jugla. A tour guide will lead you through more than 100 painstakingly reassembled, 18th-century Latvian buildings, as you discover what rural life was like in the country's four main regions. Continue to the picturesque Gauja National Park, located in the

"Switzerland" of Latvia. There, take in sweeping views of the valley as you visit the majestic Turaida Castle, built in 1214 by Albert of Riga. Finally, set off for Ķīpāri, where you'll stop at a local home for a farm-to-table lunch, before heading back to Riga.

Day 10: Tallinn New Nordic Dinner

\$149CAD/\$159CAD* (2.5 hours, departs in the evening, includes dinner)

"Purity, simplicity, and freshness." That's what nordic chefs hoped to bring to their cuisine, when they created a new food movement in 2004. Nearly two decades on, it's more than safe to say they've succeeded. Taste for yourself on this excursion to a local Estonian restaurant, where you'll lose yourself in a farm-to-table meal showcasing local and seasonal Estonian ingredients. The comforting, wholesome flavors might entice you to make Tallinn home.

*Optional excursions may be purchased up to three days prior to departure or while on tour. Pre-purchased optional excursions cannot be canceled within three days prior to departure or while on tour. Select optional excursions require advance booking and cannot be purchased or canceled after the advanced reservation deadline. GAT accepts payment by cash, Visa or MasterCard for optional excursions purchased on tour. Additional fees may apply for optional excursions purchased on tour. Excursions require a minimum number of participants to operate. Details and prices are subject to change. Due to seasonal hours of operation and availability, some excursions may not operate. If this occurs, you will be refunded any payments made for that excursion post-tour. Learn more at goaheadtours.ca/terms