



Amalfi Coast Walking Tour

9 days | 11 days with Naples extension

American author John Steinbeck once wrote that Italy's Amalfi Coast "is a dream place that isn't quite real when you are there and becomes beckoningly real after you have gone." This is one of those rare places where photographs simply don't do its sights justice—you need to see them for yourself. On this small group Adventure Tour, you'll do just that as you pass through the seaside villages on the Amalfi Coast.



Your tour package includes

- 7 nights in handpicked hotels
- 7 breakfasts
- 2 dinners with beer or wine
- 1 tasting
- 4 guided walks
- 5 sightseeing tours
- Expert Tour Director & local guides
- Private deluxe motor coach

Included highlights

- Sorrento region villages hike
- Ravello
- Amalfi walk
- Views of Positano
- Amalfi Coast speedboat ride
- Mount Vesuvius walk
- Pompeii ruins

Tour pace

On this guided tour, you'll walk for at least 2 hours daily across uneven terrain, including cobblestone streets and unpaved trails, with some steep hills.

Group size

12–22

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Overnight Flight → 1 night

Day 1: Travel to Italy

Board your overnight flight to Naples today.

Sorrento Peninsula → 4 nights

Day 2: Arrival in Naples & transfer to Sorrento Peninsula

Included meals: welcome dinner

Welcome to Italy! Transfer to your hotel on the Sorrento peninsula and get settled in, then meet your fellow travelers at tonight's welcome dinner.

Day 3: Hiking tour of Sorrento Peninsula villages

Included meals: breakfast, tasting

This morning, travel to Termini to follow a local guide on a downhill hike through the charming villages of the Italian countryside.

- Traverse lemon groves and olive farms, glimpsing the island of Capri in the distance
- Make your way to the small fishing village of Lobra, which is known for its beautiful scenery
- Sample bruschetta with olive oil, lemon juice, caciocavallo cheese, salami, and tarallucci cookies at a local olive oil shop

Spend a free evening on the Sorrento peninsula or add an excursion.

+ Food of Sorrento Walking Tour

Day 4: Free day on the Sorrento Peninsula

Included meals: breakfast

Enjoy a free day on the Sorrento peninsula or add excursions.

+ Path of the Gods: Scenic Cliffside Hike & Positano

+ Rustic Italy: Farmhouse Dinner & Wine Tasting

Day 5: Free day on the Sorrento Peninsula

Included meals: breakfast

Spend a free day on the Sorrento peninsula or add an excursion.

+ Capri Cruise & Scenic Island Walk

Day 6: Sightseeing tour of Ravello & Amalfi

Included meals: breakfast

Enjoy walking tours of Ravello and Amalfi, two picturesque towns on the Amalfi Coast.

- Take a scenic drive along the coast to Ravello, stopping at the Positano viewpoint en route for photos
- Walk with your Tour Director through stunning Villa Rufolo and Villa Cimbrone, famous for their beautiful gardens
- Join a local guide on a walk through the town of Amalfi and enter Amalfi Cathedral, which houses the crypt of Saint Andrew
- Travel back to your hotel aboard a private speedboat
- Admire views of the villages, cliffs, and seascapes along the Amalfi Coast

Please note: The private speedboat transfer is weather-dependent and runs from March–October. When the speedboat ride is not possible, you'll travel back to the hotel by bus.

Day 7: Free day on the Amalfi Coast

Included meals: breakfast

Enjoy a free day on the Amalfi Coast or add an excursion.

+ Amalfi Coast Lemon Farm Walking Tour & Lunch

Naples → 1 night

Day 8: Mount Vesuvius & Pompeii tour

Included meals: breakfast, farewell dinner

Travel back to the days of the Roman Empire on today's expedition to Mount Vesuvius and Pompeii.

- Take a hike to the top of legendary Mount Vesuvius to explore the volcanic crater at the summit
- Witness how wealthy Romans lived on a guided tour of Pompeii's ruins
- View the excavated Roman ruins of theaters, villas, temples, and baths

Later, toast your trip at tonight's farewell dinner in Naples.

Flight Home

Day 9: Departure

Included meals: breakfast (excluding early morning departures)

Transfer to the airport for your flight home or extend your stay to explore Naples.

+ Naples extension

What's that line that Dean Martin sang? Ah yes... "That's amore!" He was singing about Naples, of course, and for good reason: There's so much to love about this second-to-none destination. Discover that feeling while exploring with a local guide and seeking out your interests with the help of your Tour Director.

Naples → 2 nights

Day 9: Sightseeing tour of Naples

Included meals: breakfast, tasting

This morning's food-themed guided tour introduces you to the flavors of Naples, home to some famous Italian cuisine.

- Walk through Piazza del Gesù to view the Church of Gesù Nuovo
- Stop at a local cafe to try espresso Napoletano
- Enter the Basilica of Santa Chiara to see the unique and ornate cloister
- Step inside a shop to taste the famous Vesuvius chocolate
- Walk along Via dei Tribunali and enjoy a cuoppo, or cone, filled with fried street foods such as arancini, polenta, croquettes, and vegetables
- Sample sfogliatella, a flaky pastry, near the Church of San Domenico Maggiore

Later, enjoy a free afternoon in Naples or add an excursion.

+ The Roman Empire: Volcanic Fields & Villa Giulia

Day 10: Free day in Naples

Included meals: breakfast

Spend a full free day in Naples or add an excursion.

Then, gather for a farewell drink this evening.

+ Ischia Island & Aragonese Castle

Flight Home

Day 11: Departure

Included meals: breakfast (excluding early morning departures)

Transfer to the airport for your flight home.

Customize your experience

Customize your tour by adding excursion options. Excursions offered on the same day will occur at different times, so there's no need to choose. Save \$10 when you book your excursion up to three days before your tour departs.* Excursions requiring advance reservation only list this discounted price. Call or go online to customize your tour: goaheadtours.ca/WAM | 1-800-754-5066

Day 3: Food of Sorrento Walking Tour

\$109CAD/\$119CAD* (3 hours, departs in the evening)

Get a taste of Sorrento on this stroll with a local guide.

You'll pop in to several eateries to meet the owners, chefs, and artisans and learn how they produce their specialties. Take time to sample delicious bites of arancini, mozzarella, cold cuts, and sweets—and even sip limoncello. Enjoy views of the beautiful Gulf of Naples and Mount Vesuvius along the way. Please note: Comfortable shoes are recommended, as this excursion involves a moderate amount of walking on cobblestone streets.

Day 4: Path of the Gods: Scenic Cliffside Hike & Positano

\$109CAD/\$119CAD* (8 hours, departs in the morning)

On this four-hour hike along the Amalfi Coast, you'll follow the mountaintop Path of the Gods, a steep, winding route that once served as the only connection between the towns you'll visit. Set out from Agerola, following your hiking guide through terraced vineyards and forests, and stopping along limestone ridges for panoramic views of the sea. Your cliff-hugging hike concludes in Nocelle, a "lost village" perched 1,400 feet above Positano and only accessible by foot via two stone pathways. After the hike, a local bus takes you to the heart of Positano, where you'll have free time to walk to the central square or stroll along the picturesque beach. Please note: This is a difficult and strenuous excursion that involves a challenging hike on uneven terrain. It is also weather-dependent. If the Path of the Gods trail is closed, you'll walk from Praiano to the Convent of San Domenico, which requires climbing 1,000 steps.

Day 4: Rustic Italy: Farmhouse Dinner & Wine Tasting

\$175CAD/\$185CAD* (4 hours, departs in the evening, dinner included)

Take a short trip outside of Sorrento for a cultural experience at an agriturismo, or farm stay. Here you'll have a chance to explore the lush gardens, cultivated fields, and vegetation typical of many Mediterranean regions. After touring the farm, savor an aperitif of prosecco, meant to stimulate the appetite. A four-course dinner will follow, complete with a wine tasting led by an experienced sommelier. After an evening experiencing the Italian art of eating, return to Sorrento. Please note: This excursion is seasonal and runs from March through October and inclusions may vary based on season. In addition, climbing stairs and walking is required in order to tour the farm.

Day 5: Capri Cruise & Scenic Island Walk

\$155CAD/\$165CAD* (9 hours, departs in the morning)

Hop aboard the ferry through the Gulf of Naples to the famed Island of Capri. Then, board a second boat for a mini-cruise around the island to view stunning natural formations including the sheer cliff known as Tiberiòs Leap, the white Grotta Bianca, the rainbow-colored Grotta del Corallo, the iconic Arco Naturale and the towering Faraglioni sea stacks in Marina Piccola. Then, join a local guide to take the funicular to the upper town to begin your walking tour from the historic center of Piazza Umberto I. You'll walk back toward the Arco Naturale and get close to the famous Casa Malaparte, a jewel of modern Italian architecture, on the Pizzolungo trail that wraps around the coastline. Later, return to Piazza Umberto I for free time to explore or relax on your own. Please note: Cruise is weather dependent. In inclement weather, a visit to the town of Anacapri will replace the cruise. Travelers prone to seasickness should take the proper precautions.

Day 7: Amalfi Coast Lemon Farm Walking Tour & Lunch

\$190CAD/\$200CAD* (6 hours, departs in the afternoon, lunch included)

Board your private speedboat and ride along the picturesque coastline to a family-owned lemon farm, located on the terraced slopes overlooking the town of Amalfi. You'll walk uphill along Via delle Cartiere to arrive at the farm, where the family will welcome you into the garden. Breathe in the bright scent of the lemons as you admire views of the grove, a signature Amalfi Coast experience. Then, set off on a tour of the farm led by expert guides who have lived and worked here for six generations. The farm is certified organic and produces PGI Amalfi Coast lemons. This means the lemons are grown in a protected area and meet strict quality standards—so you know they're delicious. See farmers at work as you walk through the lemon groves before entering the Museum of Arts and Crafts and the on-site factory. You'll see how limoncello is made and taste lemon cake and fresh lemonade. After, sit down for a lunch featuring lemon cuisine. You'll enjoy an antipasto, primi pasta course, secondi course, side dish, and dessert. End the day by traveling back to your hotel aboard the private speedboat, admiring magnificent views of the region's candy-colored villas and sparkling sea. Please note: You can purchase wine for an additional cost. The private speedboat transfer is weather-dependent and runs from March–October. When the speedboat ride is not possible, you'll travel by bus.

Extension excursion options

Day 9: The Roman Empire: Volcanic Fields & Villa Giulia

\$175CAD/\$185CAD* (5 hours, departs in the afternoon, dinner included)

Step back into ancient times as you make your way to the volcanic-formed Phlegraean Fields, located on the Bay of Naples' northern side. Here, you'll witness the ingenuity of Roman engineering during visits to Piscina Mirabilis (an underground cistern built to provide the Imperial Fleet with fresh water) and Arco Felice (a two thousand-year-old archway built as part of the Via Domitiana road). Later, head into the countryside to Villa Giulia where you'll enjoy an included dinner of Neapolitan specialties.

Day 10: Ischia Island & Aragonese Castle

\$215CAD/\$225CAD* (8 hours, departs in the morning)

Travel by ferry from Naples to the island of Ischia, a volcanic isle in the Tyrrhenian Sea. When you arrive, join your local guide and drive around the island to view Ischia's six villages, including the picturesque Sant'Angelo. Stop for free time in Sant'Angelo, where you can enjoy lunch, admire gorgeous views of the Bay of Naples, and explore beachside shops and cafes. Then, head to the eastern end of the island for a tour of Aragonese Castle. The medieval castle was built in 474 BC as a place to keep watch over potential enemy ships entering the Gulf of Naples. Walk across the paved, stone causeway, which was added in 1441, and begin your guided walk through the castle. You'll learn about the 40 nuns who were a part of the Order of the Poor Clares and lived here during a visit to the Convent of Saint Mary of Consolation and the Nuns' Cemetery. Then, see the ruins of the Cathedral of Our Lady of the Assumption and the frescoes in the crypt of nobles below the cathedral. The frescoes date back to the 13th-century and feature the coat of arms and depictions of the saints connected to the members of the noble families buried there. Discover the history of the political prisoners once held at the Bourbon Prison before visiting the millstone, where wine was made and stored. Throughout the tour you'll enjoy many opportunities to admire the sweeping views of island. After, return to Naples by ferry. Please note: This excursion involves moderate walking over mostly flat, even terrain with some inclines.

*Optional excursions may be purchased up to three days prior to departure or while on tour. Pre-purchased optional excursions cannot be canceled within three days prior to departure or while on tour. Select optional excursions require advance booking and cannot be purchased or canceled after the advanced reservation deadline. GAT accepts payment by cash, Visa or MasterCard for optional excursions purchased on tour. Additional fees may apply for optional excursions purchased on tour. Excursions require a minimum number of participants to operate. Details and prices are subject to change. Due to seasonal hours of operation and availability, some excursions may not operate. If this occurs, you will be refunded any payments made for that excursion post-tour. Learn more at goaheadtours.ca/terms