



Food & Wine: A Taste of Spain

12 days | 15 days with Seville extension

From the cava of Catalonia to the pintxos of Basque Country, Spain's cuisine is calling you. Sample regional dishes and take in the culture of Barcelona and Madrid, savor San Sebastian's world-famous fare, and taste tempranillo wines of La Rioja and Ribera del Duero on this small group Food & Wine Tour.



Your tour package includes

- 10 nights in handpicked hotels
- 10 breakfasts
- 4 dinners with beer or wine
- 3 lunches
- 5 wine tastings
- 1 cider tasting
- 3 tastings
- 1 cooking class
- 7 sightseeing tours
- Expert Tour Director & local guides
- Private deluxe motor coach
- 1 train ride

Included highlights

- Barcelona's Gracia district
- Catalan cooking class
- Cava and Rioja wine tasting
- Pintxo tasting
- Ribera del Duero wine cellar
- San Miguel Market

Tour pace

On this guided tour, you'll walk for at least 2 hours daily across moderately uneven terrain, including paved roads and cobblestone streets, with some hills.

Group size

12–22

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Overnight Flight → 1 night

Day 1: Travel day

Board your overnight flight to Barcelona today.

Barcelona → 3 nights

Day 2: Arrival in Barcelona

Included meals: welcome dinner

Welcome to Spain! Meet your Tour Director and fellow travelers at a welcome dinner featuring regional wines.

Day 3: Sightseeing tour of Barcelona

Included meals: breakfast, tasting

Get to know the Catalan capital on a guided sightseeing tour of the oldest part of the city.

- Set off on a walking tour through the Gothic District, the history heart of the city with winding alleyways, peaceful squares, medieval buildings, and vibrant nightlife.
- Begin in El Born, a trendy neighborhood home to the historic Basilica of Santa Maria del Mar—the only surviving Catalan Gothic style church.
- Stroll through Plaça Sant Jaume, the center of the Gothic Quarter and Barcelona's government.
- Explore El Call, the city's Jewish Quarter, and learn about the long history of the Jewish population ranging from the first century to present day.
- Stop for a tasting of churros dipped in chocolate or refreshing cup of horchata.
- End in King's Square, a former palace courtyard turned public square boasting impressive Gothic style architecture.

Enjoy a free afternoon in Barcelona or add an excursion.

+ Gaudí's Barcelona: Park Güell & La Sagrada Família

Day 4: Cooking class & Cava wine tasting

Included meals: breakfast, lunch, wine tasting

Try your hand at preparing an authentic Spanish meal during a cooking class.

- Tour the Santa Caterina Market in search of fresh ingredients.

- Pass through the Gothic Quarter as you make your way to a culinary school.
- Prepare your own lunch of traditional Spanish dishes with the help of a professional chef and relax while enjoying it with a glass of wine.

This afternoon, travel to the Cava wine region to visit a winery and sip this sparkling Spanish specialty.

San Sebastián → 2 nights

Day 5: San Sebastián via Pamplona

Included meals: breakfast, lunch, dinner

Board a train and travel through the Aragon and Navarra regions to Pamplona, which is located in Basque Country, and get to know the old city on a walking tour.

- Begin with an included lunch featuring txakoli, a locally-produced white wine.
- Pass Plaza de Toros and walk along the Running of the Bulls route.
- Admire Pamplona Cathedral and Pamplona City Hall.

Then, continue on to San Sebastián. You'll visit a cider house in the city for an included dinner paired with a tasting of Basque Country cider.

Day 6: Sightseeing tour of San Sebastián

Included meals: breakfast, tasting

A local guide leads this morning's tour of San Sebastián, a town considered by many to be the culinary capital of Spain.

- Pass by Playa de la Concha and make your way through the Old Quarter.
- Gaze at the balconies that once held the ringside seats for bullfights at Plaza de la Constitución.
- Get a taste of Basque culture as you eye the fresh catches at the fish market.
- See the best places to pintxos hop and hear the best way to order this regional version of tapas.
- Enjoy a tasting of a variety of small plates at a traditional pintxos bar.

La Rioja Region → 2 nights

Day 7: La Rioja Region via Bilbao

Included meals: breakfast, lunch

Travel west along the scenic Costa Verde to Bilbao and set off on a guided sightseeing tour of the city.

- Admire the architecture in Bilbao's Old Quarter, known as Casco Viejo.
- Enter the Gehry-designed Guggenheim Museum, a showplace of modern and contemporary art, and admire the unique architecture alongside a local guide.
- Enjoy regional fare and wine during an included lunch inside the museum.

Then, continue on to La Rioja region and enjoy a free evening in the area or add an excursion.

+ Logroño Food Tour: Tapas & Wine

Day 8: La Rioja villages & wine tastings

Included meals: breakfast, wine tasting

Spend the morning exploring the villages of La Rioja region, then head to a winery for a tasting.

- Enter the Vivanco Museum of Wine Culture in Briones to learn about wine history on a self-guided tour with an audio guide.
- Drive through the Ebro River Valley and take in views of the beautiful vineyards and landscape.

In the afternoon, enjoy free time in the quaint village of Laguardia, which is known for its medieval architecture and city walls. Then, enjoy a tour and tasting in Rioja's wine region where you'll sip several Rioja tempranillo wines while nibbling on traditional Spanish tapas.

Ribera del Duero Countryside → 1 night

Day 9: Ribera del Duero Countryside via Aranda de Duero

Included meals: breakfast, wine tasting, tasting, dinner

Transfer to Aranda de Duero, the capital of the Ribera del Duero region.

- Discover the town's underground, interconnected wine cellars.
- Enjoy a tasting of the region's classic tempranillos paired with tapas and chocolate in the wine cellar.

Tonight, enjoy a vineyard dinner and wine tasting before settling in to your hotel in the Ribera del Duero countryside.

Madrid → 2 nights

Day 10: Transfer to Madrid & sightseeing tour of the Old Town

Included meals: breakfast, tasting

Travel south to Madrid and enjoy a walking tour through the Old Town.

- Pass through Plaza Mayor, one of the main squares in the city.
- Sample some wine and tapas at San Miguel Market.

Spend a free evening in Madrid or add an excursion.

+ Madrid Flamenco Show

Day 11: Sightseeing tour of Madrid

Included meals: breakfast, farewell dinner

Get acquainted with Spain's cosmopolitan capital city with the help of a local guide.

- View the Royal Palace, Spain's largest royal residence.
- Pass by the Temple of Debod, a reassembled temple from ancient Egypt.
- View the city's many squares, including Plaza de España and the bustling Puerta del Sol.
- Explore the Prado, a world-class art museum that began as the private collection of the Spanish monarchy and is home to the works of Goya, Velázquez, and more.

Join your fellow travelers for a traditional Castilian farewell dinner at a historic Madrid restaurant.

Flight Home

Day 12: Departure

Included meals: breakfast (excluding early morning departures)

Transfer to the airport for your flight home or continue on to Seville.

+ Seville extension

With its whitewashed buildings, wrought-iron balconies, and colorful tiles everywhere you look, Seville is truly a dream. Extend your adventure to explore on a guided tour, and journey into the countryside to try Andalusian culinary specialties in Carmona, Jerez, and beyond.

Seville → 3 nights

Day 12: Train ride to Seville & sightseeing tour

Included meals: breakfast

Board a high-speed train and head south to uncover the beauty of Seville, the historic Andalusian capital, on a guided sightseeing tour.

- View the tiled pavilion of the Plaza de España.
- Pass the whitewashed homes of Barrio de Santa Cruz.
- See the Gothic Seville Cathedral, the third-largest church in the world.
- Enter the Royal Alcázar, a palace that was once home to King Ferdinand and Queen Isabella.

Day 13: Sightseeing tour of Carmona & Jerez

Included meals: breakfast, tasting, wine tasting

Journey to the countryside, where you'll experience Andalusian culinary specialties.

- Sample artisanal olive oils and learn about their production at an olive oil farm in Carmona.
- Enjoy free time to eat lunch in the charming town.
- Travel to Jerez where Sherry, the famous fortified wine, is produced.
- Tour a bodega to see how Sherry is produced, and then have a taste.

Day 14: Free day in Seville

Included meals: breakfast

Spend a free day in Seville or add an excursion.

This evening, enjoy a farewell drink as you celebrate your trip with your fellow group members.

+ Landscapes & Flavors of Sierra de Aracena

Flight Home

Day 15: Departure

Included meals: breakfast (excluding early morning departures)

Transfer to the airport for your flight home.

Customize your experience

Customize your tour by adding excursion options. Excursions offered on the same day will occur at different times, so there's no need to choose. Save \$10 when you book your excursion up to three days before your tour departs.* Excursions requiring advance reservation only list this discounted price. Call or go online to customize your tour: goaheadtours.ca/TOS | 1-800-754-5066

Day 3: Gaudí's Barcelona: Park Güell & La Sagrada

Família

\$159CAD/\$169CAD* (4 hours, departs in the afternoon)

On today's excursion, discover the magnificent works of Antoni Gaudí, the famed Spanish architect known for his bold, distinct designs. Park Güell is the first stop. Your guide will lead you through the park, which contains stunning buildings, intricate stonework, and colorful mosaics. At the top of the park, marvel at the brilliant views of Barcelona. Next, step inside the Sagrada Família. Gaudí's unfinished Sagrada Família has been under construction for more than 100 years. As he famously said, his patron—God—was in no hurry to see it finished. The massive cathedral highlights Gothic elements with the beauty of light and movement. The colorful stained glass windows are a site to behold and you'll learn all about the architectural features and history of the church during your visit. Please note: The order of activities may vary.

Day 7: Logroño Food Tour: Tapas & Wine

\$109CAD/\$119CAD* (2 hours, departs in the evening, dinner included)

Follow a local guide on a culinary tour of Logroño, the capital of Spain's La Rioja region. You'll walk along Calle del Laurel, a bustling street lined with tapas bars and the city's hot spot for great food. Stop at three different tapas bars to taste local specialties paired with a glass of wine, and learn about Spanish cuisine from your expert guide.

Day 10: Madrid Flamenco Show

\$189CAD/\$199CAD* (5 hours, departs in the evening with light dinner)

Flamenco is a passionate, seductive art form exclusive to Spain, and you'll experience the clapping, singing, and stamping of this celebrated tradition during a live show in Madrid. This Andalusian style of dance combines guitar playing (toque), song (cante), and rhythmic handclaps (palmas). A light dinner of tapas will be served alongside local wine at a nearby restaurant before the expressive, dramatic, colorful performance.

Extension excursion options

Day 14: Landscapes & Flavors of Sierra de Aracena

\$189CAD/\$199CAD* (6 hours, departs in the morning with lunch)

Set out to discover the beautiful countryside of Andalusia. You'll leave Seville and make your way through the hills and valleys to Sierra de Aracena National Park. Along the way, stop in the village of Jabugo, where you'll taste delicious jamón ibérico (Iberian ham) and learn from an artisan producer how it's cured. Then, head to the town of Castaño del Robledo and enjoy a lunch of local specialties.

*Optional excursions may be purchased up to three days prior to departure or while on tour. Pre-purchased optional excursions cannot be canceled within three days prior to departure or while on tour. Select optional excursions require advance booking and cannot be purchased or canceled after the advanced reservation deadline. GAT accepts payment by cash, Visa or MasterCard for optional excursions purchased on tour. Additional fees may apply for optional excursions purchased on tour. Excursions require a minimum number of participants to operate. Details and prices are subject to change. Due to seasonal hours of operation and availability, some excursions may not operate. If this occurs, you will be refunded any payments made for that excursion post-tour. Learn more at goaheadtours.ca/terms