



Food & Wine: A Taste of Bordeaux & Burgundy

12 days | 15 days with Champagne & Paris extension

Sipping Bordeaux in Bordeaux? Now that's how to do French cuisine right. On this small group Food & Wine Tour, hit some of the country's hottest culinary locales, from Parisian pâtisseries to vineyards in Burgundy. We promise you'll be asking for seconds, and probably thirds.



Your tour package includes

- 10 nights in handpicked hotels
- 10 breakfasts
- 2 lunches with wine or beer
- 4 dinners with beer or wine
- 3 wine tastings
- 6 tastings
- 2 cooking lessons
- 5 sightseeing tours
- Expert Tour Director & local guides
- Private deluxe motor coach

Included highlights

- French cooking class
- Saint-Émilion wine tasting
- Outdoor markets in Périgueux
- Auvergne cheese tasting
- Burgundy wine tasting
- Fallot Mustard Mill
- Parisian baking class
- Marché des Enfants Rouges covered market

Tour pace

On this guided tour, you'll walk for at least 2 hours daily across moderately uneven terrain, including cobblestone streets and unpaved paths, with some steep stairs and hills.

Group size

10-22

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Overnight Flight → 1 night

Day 1: Travel day

Board your overnight flight to Bordeaux today.

Bordeaux → 2 nights

Day 2: Arrival in Bordeaux

Included meals: welcome dinner

Welcome to France! Meet your fellow travelers and Tour Director during a welcome dinner at a local restaurant this evening.

Day 3: Sightseeing tour of Bordeaux & cooking class

Included meals: breakfast, tasting, dinner

Meet up with a local guide for a tour of the UNESCO-listed historic district in Bordeaux.

- Begin at the Monument aux Girondins and Place des Quinconces, one of the largest city squares in Europe
- See the Place de la Bourse before crossing over the Pont de Pierre
- Stop at Cours Victor Hugo and Palais Rohan
- Walk past the lively hub of the Place de la Comédie and the Grand Théâtre
- Sample local sweets, such as merveilles, canelés, or bouchons de Bordeaux, as you go

This evening, join a local chef for a cooking class to learn how to craft French cuisine. Then, enjoy eating the meal you've prepared while sipping wines from the region.

Day 4: Free day in Bordeaux

Included meals: breakfast

Spend a free day in Bordeaux or add an excursion.

+ Arcachon Bay Cruise & Oyster Tasting

Dordogne Valley → 2 nights

Day 5: Périgueux via Saint-Émilion & Château de Monbazillac

Included meals: breakfast, wine tasting, dinner

Pass by breathtaking countryside scenery en route to the Dordogne Valley.

- Visit Saint-Émilion, located in the Bordeaux wine region, and tour the wine cellars and vineyard located on the estate of Château de Ferrand
- Try the famous Grand Crus wine and learn about the vinification process
- Enjoy free time in the village of Saint-Émilion to eat lunch and visit the underground monuments
- Continue on to Château de Monbazillac in the Dordogne Valley and discover how its residents lived during medieval times as a sommelier leads a tasting of three sweet, white wines

Sit down for an included dinner at a local restaurant in Périgueux, a quaint city in the Dordogne Valley.

Day 6: Sightseeing tour of Périgueux

Included meals: breakfast, tasting

Take a walking tour of Périgueux with a local guide.

- Stroll through the town's charming streets to see Roman and medieval architecture
- Stop by the outdoor markets where you can sample fresh produce and goat cheese

Please note: The outdoor markets in Périgueux are seasonal and are only open on Wednesday and Saturday.

Enjoy a free afternoon in the Dordogne Valley or add an excursion.

+ Sarlat & Lascaux Caves with Lunch

Burgundy Region → 3 nights

Day 7: Burgundy Region via Auvergne

Included meals: breakfast, tasting, lunch

Travel through the mountainous Auvergne region as you make your way north to the world-famous Burgundy region.

- Visit a fromagerie where you will learn about and taste small batch cheeses, such as Saint-Nectaire, Fourme d'Aurieres, and Caperon Fermier
- Sit down for a lunch featuring local specialties from the Auvergne region

Day 8: Hospices de Beaune, wine tasting & Fallot Mustard Mill

Included meals: breakfast, lunch, wine tasting,

tasting

In the heart of the Burgundy wine region sits the walled town of Beaune. Pay a visit to this quaint locale and take a guided tour of the Hospices de Beaune.

- Learn about Nicolas Rolin, the Duke of Burgundy's chancellor, who built the Hospices in the hope that his good works would earn him a place in heaven
- Discover how Rolin and his wife, Guigone de Salins, devoted their fortune to caring for the thousands who were left poor and starving after the Hundred Years' War
- Enjoy a wine tasting in Beaune's Patriarche cellars as you hear how income from the town's vineyards, and profits from annual wine auctions, fund the organization
- Sit down for an included lunch at a local restaurant

Later, pay a visit to the famous Fallot Mustard Mill.

- Join a local guide on a tour of the old mustard mill and production site
- End the day with a tasting of the mustard produced on-site

Day 9: Free day in Burgundy Region

Included meals: breakfast

Enjoy a free day in the Burgundy region or add an excursion.

+ Burgundy Wine Route Tastings

Paris → 2 nights

Day 10: Travel to Paris & baking class

Included meals: breakfast, tasting

Make your way to Paris. This afternoon, join an experienced local chef for a Parisian baking class at a nearby school.

- Learn the elegant art of crafting French pâtisseries during an interactive and educational cooking demonstration
- Sample an iconic French confection and learn all of the tips and tricks behind how it is made

Day 11: Food of Paris walking tour

Included meals: breakfast, tasting, farewell dinner

A guided sightseeing tour introduces you to the architecture, scenery, and cuisine of the City of Light's many neighborhoods, called arrondissements.

- Pass the legendary Notre-Dame Cathedral, on an island in the Seine River
- See the Eiffel Tower, the Palais Garnier opera house, and Place de la Concorde, the city's grandest square
- Marvel at the eclectic and iconic architecture of the Louvre
- Sample traditional French pastries and cheeses on a culinary walk through Le Marais district
- Walk through iconic Marché des Enfants Rouges covered market, the oldest food market in all of Paris
- Continue along the district's charming streets, stopping to taste fresh pâtisserie and visit various shops

Tonight, celebrate your trip with your group during a farewell dinner at a local restaurant.

Flight Home

Day 12: Departure

Included meals: breakfast (excluding early morning departures)

Transfer to the airport for your flight home or extend your stay to visit the Champagne region and continue exploring Paris.

+ Champagne & Paris extension

Champagne, Chantilly cream, and châteaux—as if you need anymore reasons to extend your time in France. Spend your days sauntering around the Champagne region with your expert Tour Director. They'll show you exactly why the food, wine, and views are très magnifique.

Champagne Region → 2 nights

Day 12: Reims via Chantilly

Included meals: breakfast, lunch, tasting

On your way to Reims, part of the famous Champagne region, stop in Chantilly. You'll tour Château de Chantilly and taste the town's famous vanilla whipped cream during an included lunch.

Day 13: Sightseeing of Reims & Château de Boursault

Included meals: breakfast, tasting, wine tasting

Join a local guide and explore Reims, the unofficial capital of the Champagne region.

- Visit the Gothic-style Reims Cathedral, a UNESCO-recognized site
- Step inside the Basilica of Saint-Rémi, the oldest church in Reims
- Pass by the Palace of Tau, a grand, 13th-century Gothic chapel and hall
- Try some Biscuit rose de Reims, a pink-hued biscuit flavored with carmine

Head to Château de Boursault, which was built by the original owner of Veuve Clicquot, and remains one of the only châteaux in the Champagne region.

- Tour the estate's wine cellar
- Join a sommelier for a wine tasting featuring wines made from Pinot Noir, Chardonnay, and Champagne grapes

Paris → 1 night

Day 14: Paris via Épernay

Included meals: breakfast, wine tasting

Travel to Épernay and tour a Champagne estate before sampling two types of Champagne alongside a sommelier.

Then, continue on to Paris to enjoy a farewell drink as you celebrate your trip with your fellow group members. Later, spend a free evening in Paris or add an excursion.

+ Paris Home-Hosted Dinner

Flight Home

Day 15: Departure

Included meals: breakfast (excluding early morning departures)

Transfer to the airport for your flight home.

Customize your experience

Customize your tour by adding excursion options. Excursions offered on the same day will occur at different times, so there's no need to choose. Save \$10 when you book your excursion up to three days before your tour departs.* Excursions requiring advance reservation only list this discounted price. Call or go online to customize your tour: goaheadtours.ca/TFC | 1-800-754-5066

Day 4: Arcachon Bay Cruise & Oyster Tasting

\$185CAD (4.5 hours, departs in the morning)

Called the Oyster Capital of France, Arcachon Bay is a nearly enclosed bay that offers visitors pristine water views. Take in its beauty on a scenic, private boat cruise. You'll pass Île aux Oiseaux, an island in the middle of the bay that's known as the oyster capital of the world. Disembark back on shore for an oyster tasting paired with, bread, butter, lemon, and a glass of white wine. This excursion requires advance reservation and must be booked at least 20 days prior to departure.

Day 6: Sarlat & Lascaux Caves with Lunch

\$199CAD/\$209CAD* (7 hours, departs in the morning, lunch included)

Delve deeper into the culinary expertise and medieval charm of the Dordogne Valley. Start the day in Sarlat-la-Canéda. You'll explore the city with a local guide, winding through tiny medieval streets and past well-preserved architecture. Your tour highlights the city's artisan products and includes a tasting. After sampling these local specialties, sit down to enjoy a light lunch. Then, head into the picturesque countryside to the Lascaux caves. These intricately connected underground caverns are famous for the 17,000-year-old paintings that adorn their walls. Enter a replica of the caves to see the UNESCO-protected art up close and get a firsthand look at what life was like in prehistoric France.

Day 9: Burgundy Wine Route Tastings

\$189CAD/\$199CAD* (7 hours, departs in the morning)

Get a taste for the flavors of Burgundy wine during a visit to two vineyards along the Côte d'Or wine route. Your daylong trip through the Burgundy wine region begins in a central region called Côte de Beaune. You'll try world-renowned white wines, including Chardonnay. Next, enjoy free time for lunch. Continue north to the Côte de Nuits area and sit down to sample some of the bold reds from the region, such as Pinot Noir. Wrap up your journey by soaking in the beautiful vineyard scenery as you make your way back to your hotel.

Extension excursion options

Day 14: Paris Home-Hosted Dinner

\$129CAD (3 hours, departs in the evening, dinner included)

Join a local at their home in Paris to enjoy traditional dishes and dine like a true Parisian. During this dinner, you'll receive an authentic understanding of your host's day-to-day life while learning about French culture and traditions from a new perspective. Please note: Your Tour Director will not attend this excursion. This excursion requires advance reservation and must be booked at least 20 days prior to departure.

*Optional excursions may be purchased up to three days prior to departure or while on tour. Pre-purchased optional excursions cannot be canceled within three days prior to departure or while on tour. Select optional excursions require advance booking and cannot be purchased or canceled after the advanced reservation deadline. GAT accepts payment by cash, Visa or MasterCard for optional excursions purchased on tour. Additional fees may apply for optional excursions purchased on tour. Excursions require a minimum number of participants to operate. Details and prices are subject to change. Due to seasonal hours of operation and availability, some excursions may not operate. If this occurs, you will be refunded any payments made for that excursion post-tour. Learn more at goaheadtours.ca/terms