



# Portugal for Solo Travelers

9 days | 11 days with Lisbon extension

Sampling Portugal's signature pastel de nata, a flaky and flavorful custard tart, is a lot more fun when you have new friends to share in the excitement of taking that first bite. Something else that's exciting? Seeing the world on a guided tour created for solo travelers. On this trip, you'll meet like-minded people as you take part in immersive experiences that showcase the local cuisine and culture.



## Your tour package includes

- 7 nights in a private room at handpicked hotels
- 7 breakfasts
- 3 dinners with beer or wine
- 1 cooking class
- 1 food tasting
- 5 sightseeing tours
- Expert Tour Director & local guides
- Private deluxe motor coach

## Included highlights

- Porto's central market
- Douro riverfront
- Stock Exchange Palace
- Coimbra
- Évora's Chapel of Bones
- Sagres Fortress
- Jerónimos Church

## Tour pace

On this guided tour, you'll walk for at least 1.5 hours daily across uneven terrain, including paved roads and cobblestone streets, with some hills.

## Group size

15-28

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## Overnight Flight → 1 night

### Day 1: Travel day

Board your overnight flight to Porto today.

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## Porto → 2 nights

### Day 2: Arrival in Porto

*Included meals: dinner*

Welcome to Portugal! Settle in to your hotel. Then, gather with your Tour Director and fellow group members at a mixer before enjoying a welcome dinner.

### Day 3: Sightseeing tour of Porto

*Included meals: breakfast, tasting*

Get to know Porto like a true tripeiro, or Porto resident, as you follow your local guide.

- Pass citywide icons such as Liberty Square, Carmelitas Church, and the Baroque-style Clérigos Tower
- Stop for coffee and a sweet treat at a local cafe
- Visit Porto's central market where local merchants sell fruits, vegetables, flowers, and more
- Wander along the medieval lanes of the Old-World Ribeira district
- Take a scenic drive through the local neighborhoods and past the Douro riverfront

Enjoy a free afternoon in Porto or add an excursion.

+ Douro River Cruise & Port Wine Cellar

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## Évora → 1 night

### Day 4: Évora via Coimbra

*Included meals: breakfast*

Drive south and stop to explore Coimbra on a guided walking tour of the city's chapel and the country's first university. Later, settle in to your hotel in Évora.

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## Algarve Region → 2 nights

### Day 5: Sightseeing tour of Évora & transfer to

### the Algarve Region

*Included meals: breakfast, dinner*

Before making your way to the sun-soaked Algarve region, follow a local guide as you stroll through the streets of UNESCO-recognized Évora, one of Europe's oldest continuously inhabited cities.

- Take in the region's whitewashed homes and intricate tilework
- Pass the remains of the Roman temple and enter the Chapel of Bones
- Stop at the Alentejo Cork Factory for a tour to see how cork is made

Continue on to the Algarve region and sit down for an included dinner.

### Day 6: Lagos, Sagres & Cape St. Vincent

*Included meals: breakfast*

Discover the white-sand beaches, dramatic coastline, and small towns of the Algarve region, southern Portugal's beachy hot spot.

- Visit the seafaring towns of Lagos and Sagres
  - Enter Sagres Fortress and admire stunning views of the sea
  - Make a photo stop at Cape St. Vincent to soak in the scenery from the southwestern-most point in mainland Europe
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## Lisbon → 2 nights

### Day 7: Transfer to Lisbon & sightseeing tour

*Included meals: breakfast*

Get to know the Portuguese capital on a tour with a local guide.

- Admire views of the city from Eduardo VII Park, then pass the Praça Marquês de Pombal and the Mouraria District
- Discover the city's maritime heritage at the Monument to the Discoveries and Tower of Belém
- Enter Jerónimos Church, which was built to honor voyagers
- Walk through Chiado square to the Baixa district in the heart of the city
- Enjoy a ride on the famous Tram 28

Spend a free afternoon in Lisbon or add an excursion.

+ Fado Show & Dinner

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### Day 8: Free day in Lisbon & cooking class

*Included meals: breakfast, dinner*

Enjoy a free day in Lisbon or add an excursion. This evening, take part in a cooking class where you'll learn how to make a traditional Portuguese appetizer, dinner, and dessert. Then, enjoy local wine paired with the food you made during a farewell dinner.

+ Sintra

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## Flight Home

### Day 9: Departure

*Included meals: breakfast (excluding early morning departures)*

Transfer to the airport for your flight home or extend your stay in Lisbon.

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## + Lisbon extension

Whitewashed buildings, red-clay roofs, winding yellow trams—in Lisbon, there's discovery around every corner. Spend a few more days exploring the city at your leisure or add excursions to dive deeper into the culture alongside a local guide.

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## Lisbon → 2 nights

### Day 9: Free day in Lisbon

*Included meals: breakfast*

Enjoy another free day in Lisbon or add excursions.

+ Religious Heritage of Tomar & Fátima

+ Lisbon Home-Hosted Dinner

### Day 10: Free day in Lisbon

*Included meals: breakfast*

Spend the day exploring at your leisure or add an excursion.

This evening, enjoy a farewell drink as you celebrate your trip with your fellow group members.

+ Old World Portugal: Óbidos, Nazaré & Batalha

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## Flight Home

**Day 11: Departure**

*Included meals: breakfast (excluding early morning departures)*

Transfer to the airport for your flight home.

# Customize your experience

Customize your tour by adding excursion options. Excursions offered on the same day will occur at different times, so there's no need to choose. Save \$10 when you book your excursion up to three days before your tour departs.\* Excursions requiring advance reservation only list this discounted price. Call or go online to customize your tour: [goaheadtours.ca/PO6](http://goaheadtours.ca/PO6) | 1-800-754-5066

## Day 3: Douro River Cruise & Port Wine Cellar

\$95CAD/\$105CAD\* (3.5 hours, departs in the afternoon)

Float along the beautiful Douro, the Iberian Peninsula's third-longest river. Take in scenes of Porto's vibrant waterfront and historic Villa Nova de Gaia, home to the region's centuries-old Port wine warehouses. As you cruise, you'll drift under five of the river's most iconic Old-World bridges, passing colorful hillside villas and traditional rabelos (flat-bottomed boats) along the way. Back on shore, pay a visit to one of Porto's most prestigious Port wine cellars. During the guided tour, learn about the long-standing history of Port wine, as well as the ins and outs of Port production and warehousing. Then, sit down to taste three of the cellar's world-famous labels, paired with cheese.

## Day 7: Fado Show & Dinner

\$125CAD/\$135CAD\* (3 hours, departs in the evening, dinner included)

Spend your evening at a Lisbon tavern listening to fado. Derived from the Latin word fatum—meaning “prophecy” or “fate”—fado is Portugal's national musical treasure. Fado's traditional theme is saudade, a word that doesn't quite translate to English but conveys a sense of both nostalgia and longing. Dinner is included during this memorable musical evening. Please note: This excursion typically ends around 11pm.

## Day 8: Sintra

\$109CAD/\$119CAD\* (5.5 hours, departs in the afternoon)

The poet Lord Byron called UNESCO-listed Sintra the most beautiful town in the world. Today, Sintra is a popular weekend escape for Lisboetas, but it was once the playground of Portuguese royalty. Get a glimpse of royal life during a guided tour of the 19th-century, Romanticist Pena Palace. Take a bus and mini-train ride up to this story-book, mountaintop site, which boasts picturesque gardens and sweeping views of the Portuguese countryside. After your tour, you'll have free time to stroll through Sintra, viewing the town's colorful villas, small shops and impeccably manicured gardens. Then, enjoy beautiful coastal views of the Portuguese Riviera as you drive back to Lisbon.

## Extension excursion options

### Day 9: Religious Heritage of Tomar & Fátima

\$115CAD/\$125CAD\* (9 hours, departs in the morning)  
Enjoy a short drive to Tomar where you'll take a guided tour of the city's UNESCO-listed church, the Convent of Christ. This 12th-century site served as a fortress for the Knights Templar and features eight cloisters, which were built between the 15th and 16th centuries. Transfer to Fátima where you'll explore this religiously significant town, most widely known for the story of three young cousins who saw apparitions of an angel in 1916. After that, the village became a pilgrimage site and has drawn Christians for decades. Enter two of the young cousins'

homes, known as the houses of Jacinta, and visit the Basilica of Our Lady of Fátima. Later, enjoy free time to grab lunch, shop at stalls selling religious articles, and explore on your own.

### Day 9: Lisbon Home-Hosted Dinner

\$99CAD (3 hours, departs in the evening, dinner included)

Join a local at their home in Lisbon to enjoy traditional dishes and dine like a true Lisboeta. During this dinner, you'll receive an authentic understanding of your host's day-to-day life while learning about Portuguese culture and traditions from a new perspective. Please note: Your Tour Director will not attend this excursion. This excursion requires advance reservation and must be booked at least 20 days prior to departure.

### Day 10: Old World Portugal: Óbidos, Nazaré & Batalha

\$149CAD/\$159CAD\* (9.5 hours, departs in the morning, lunch included)

Escape the hustle and bustle of Lisbon and spend the day relaxing by the sea in the medieval villages of Óbidos, Nazaré, and Batalha. Picturesque cobblestone streets and color-trimmed buildings make up the romantic village of Óbidos, where you'll pay a visit to Santa Maria Church to admire the colorful ceiling paintings and 17th-century tiles. You'll also have the chance to view the medieval Óbidos castle, known as one of the seven wonders of Portugal. Next, journey to the fishing village of Nazaré for lunch and spectacular coastline views. Spend some time looking out on Nazaré's brightly colored fishing vessels before continuing to Batalha, where you'll enter the UNESCO World Heritage-listed monastery before making your way back to Lisbon.

\*Optional excursions may be purchased up to three days prior to departure or while on tour. Pre-purchased optional excursions cannot be canceled within three days prior to departure or while on tour. Select optional excursions require advance booking and cannot be purchased or canceled after the advanced reservation deadline. GAT accepts payment by cash, Visa or MasterCard for optional excursions purchased on tour. Additional fees may apply for optional excursions purchased on tour. Excursions require a minimum number of participants to operate. Details and prices are subject to change. Due to seasonal hours of operation and availability, some excursions may not operate. If this occurs, you will be refunded any payments made for that excursion post-tour. Learn more at [goaheadtours.ca/terms](http://goaheadtours.ca/terms)