



# Israel Adventure: Tel Aviv, the Dead Sea & Jerusalem

10 days | 14 days with Jordan extension

Ancient and historic. Energetic and eclectic. For a nation steeped in thousands of years of tradition, Israel feels surprisingly contemporary. Step back in time at famous sites that span stunning landscapes on this small group Adventure Tour. Plus, after trying off-the-charts good food, you'll discover why this small corner of the world makes such a big impression.



## Your tour package includes

- 8 nights in handpicked hotels
- 8 breakfasts
- 2 lunches
- 3 dinners with beer or wine
- 1 wine tasting
- 4 tastings
- 12 sightseeing tours
- Expert Tour Director & local guides
- Private deluxe motor coach

## Included highlights

- Jaffa's Old Town
- Crusaders fortress in Acre
- Kibbutz visit
- Olive oil farm
- Golan Heights Jeep tour
- Dead Sea
- Kfar Hanokdim Bedouin camp
- Jerusalem
- Yad Vashem

## Tour pace

On this guided tour, you'll walk for at least 4 hours daily across uneven terrain, including paved roads, cobblestone streets, and dirt paths, with some steep hills.

## Group size

12-22

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## Overnight Flight → 1 night

### Day 1: Travel day

Board your overnight flight to Tel Aviv today.

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## Tel Aviv → 2 nights

### Day 2: Arrival in Tel Aviv

*Included meals: welcome dinner*

Welcome to Israel! Gather with your Tour Director and fellow travelers at tonight's welcome dinner.

### Day 3: Sightseeing tour of Jaffa & Tel Aviv

*Included meals: breakfast, tasting*

Join your Tour Director for a sightseeing tour of Tel Aviv, a modern metropolis located on the Mediterranean Sea.

- Walk through the Old Town of Jaffa
- Stroll along the cobblestone streets to admire the many shops, restaurants, and cafes located in this historic port city
- Step inside an Arab Israeli family's home, meet the homeowners, and enjoy a cup of coffee paired with a traditional sweet
- Discover the UNESCO-listed White City, named for its 4,000 buildings built in the Bauhaus and International styles
- Stop at Rabin Square to see the Holocaust Monument designed by Israeli sculptor Igaël Tumarín

Enjoy free time in Tel Aviv or add an excursion.  
+ Carmel Market & Israeli Cooking Class with Dinner

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## Galilee → 2 nights

### Day 4: Galilee via Isfiya, Haifa & Acre

*Included meals: breakfast, tasting*

Discover some of Israel's legendary sites and living traditions as you make your way to Galilee, a fertile, mountainous region in northern Israel..

- Visit Isfiya, home to many members of the Druze faith
- Learn about their religion, culture, and history on a walk through the village with a local guide

- Hear how the traditions of this ethnoreligious group make up part of Israel's modern-day culture
- Head to Haifa and admire the views of Mount Carmel and the hanging Bahá'í Gardens
- Continue on to Acre and taste local foods at Acre Market
- Step inside the Knights' Halls in the Crusaders fortress with your Tour Director

### Day 5: Olive oil farm, kibbutz visit & Golan Heights

*Included meals: breakfast, tasting, lunch, wine tasting*

Stop by a female-run, non-profit Israeli olive oil farm this morning.

- Tour the visitor's center and factory store with a local guide
  - Hear about the work the Arab and Jewish employees do to promote Fair Trade in Israel
  - Sample olive oil during a tasting
- Then, join a local guide on a visit to an Israeli kibbutz.
- Learn about this communal way of living, established in 1909
  - Hear how community members work together on agricultural, technological, and industrial enterprises
  - Enjoy an included lunch with the locals

Set off on a Jeep tour and adventure through the Golan Heights later this afternoon.

- Meet a local guide for a Jeep tour of the region
  - See old military outposts as you learn about the Syrian-Israeli disputes over the land in the Golan Heights
  - Try wines at a boutique winery and learn how the vintners make these varietals
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## Dead Sea Region → 1 night

### Day 6: Dead Sea Region via Beit She'an

*Included meals: breakfast, tasting, dinner*

En route to the Dead Sea region, stop to visit Beit She'an National Park, one of the oldest cities in Israel.

- Learn how the city was settled around 6,000 years ago and has continuously remained inhabited

- Take time to explore the impressive archaeological remains of Canaanite, Egyptian, and Roman cities

This afternoon, relax in the famously salty waters of the Dead Sea. This body of water is located at the lowest point on Earth, and you'll have free time to hang out on the beach or take a swim. This evening, sit down for an included dinner.

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## Jerusalem → 3 nights

### Day 7: Jerusalem via Kfar Hanokdim Bedouin camp

*Included meals: breakfast, lunch*

Enjoy a free morning in the Dead Sea region or add an optional excursion.

Travel to Jerusalem this afternoon, making stops along the way.

- Visit the Kfar Hanokdim Bedouin camp and learn about the Bedouin culture and lifestyle
- Enjoy an opportunity to ride a camel in the Judean Desert
- Experience Bedouin hospitality during an included lunch in a tent

Arrive in Jerusalem and join your Tour Director on a walking tour of the Mount of Olives at sunset.

- See the Church of the Pater Noster and the Garden of Gethsemane where, according to the Gospels of the New Testament, Jesus was arrested before his crucifixion
  - Enjoy panoramic views of the Old City
- + Masada National Park Hike

### Day 8: Yad Vashem

*Included meals: breakfast*

Spend time at Yad Vashem, the Holocaust History Museum. This museum is a world leader in Holocaust education, commemoration, and research.

Spend a free afternoon and evening in Jerusalem or add an excursion.

+ Jerusalem Home-Hosted Shabbat Dinner

### Day 9: Walking tour of Jerusalem

*Included meals: breakfast, tasting, farewell dinner*

Take a walking tour of Jerusalem's Old City with your Tour Director. You'll see the city's historic sites and learn about the artisans practicing traditional trades.

- Venture into the Muslim, Christian, Armenian, and Jewish quarters
- Step inside local shops to see tradespeople creating their craftwork
- Visit Jebrini Tahini, the only tahini producer in Jerusalem still using the traditional stone-grinding method to make the product
- Try various types of the sesame-based condiment
- Pay a visit to the Western Wall, also known as the Wailing Wall
- Follow the Via Dolorosa to the Church of Holy Sepulchre
- Head to Mount Zion to view King David's Tomb and the Upper Room, where Christians believe Jesus held the Last Supper

Tonight, celebrate your trip with your group at a farewell dinner.

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## Flight Home

### Day 10: Departure

*Included meals: breakfast (excluding early morning departures)*

Transfer to the airport for your flight home or continue your tour in Jordan.

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### + Jordan extension

Jordan is one of the most welcoming countries in the world. The striking landscapes are only rivaled by the UNESCO sites (both outmatched by local hospitality). Continue your adventure to tour the lost city of Petra, take a desert safari through the Wadi Rum sand dunes, and visit a local women's collective.

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## Petra → 2 nights

### Day 10: Petra via Jerash

*Included meals: breakfast, dinner*

Travel along the Jordan Valley, crossing into the Kingdom of Jordan, and stop to visit Jerash—one of the world's largest and best-preserved Roman ruins.

Then, continue on to Petra and sit down for an included dinner.

### Day 11: Sightseeing tour of Petra

*Included meals: breakfast*

Head to the city of Petra, carved into the red rocks of Mount Hor, and embark on a guided tour.

- Learn about Petra's unique architecture, one of the reasons it's on the list of modern world wonders
- Walk through the UNESCO World Heritage Site to the famous Al-Khazneh temple
- See the intricately carved pillars and columns that make up the Palace Tomb
- Stroll through the winding gorge known as the Siq

*Please note: In order to enter Petra, customers should be able to walk two miles round-trip in hot weather over uneven terrain. Other modes of transportation may be available for you to book upon your arrival at an additional cost.*

Spend a free evening in Petra or add an excursion.

+ Levantine Cooking Class & Dinner

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## Amman → 1 night

### Day 12: Amman via Wadi Rum

*Included meals: breakfast, lunch, dinner*

Drive to Wadi Rum, also known as the Valley of the Moon, and marvel at the region's landscapes and petroglyphs on a desert safari.

- Hop in a Jeep and ride to a red sand dune
- Set off on an optional walk to view ancient rock carvings
- Stop at a Bedouin tent to learn about the traditions of this ethnic group, largely regarded as Jordan's first inhabitants, and enjoy Arabic coffee
- Sit down for a buffet lunch in an air-conditioned, desert bubble camp

Later, continue on to Amman. You'll join a local family for a home-hosted dinner. Enjoy traditional Jordanian cuisine as you learn more about your host's daily lives.

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## Overnight Flight → 1 night

### Day 13: Iraq Al Amir women's cooperative, sightseeing tour of Amman & departure

*Included meals: breakfast, lunch*

Head outside of Amman to visit the Iraq Al Amir women's cooperative.

- Learn how working at the cooperative empowers women to achieve financial independence and raise their standard of living
- Watch the employees make soap from olive oil and greeting cards from recycled paper
- Make paper or pottery during a hands-on workshop
- Share a meal prepared by the women at the collective

Travel back to Amman for a guided tour of the capital city this afternoon.

- Explore the ruins of the citadel and Roman Theater
- Walk through the Old City

Then, relax in a dayroom before boarding your flight home.

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## Arrive Home

### Day 14: Arrival at home

Arrive home today.

## Customize your experience

Customize your tour by adding excursion options. Excursions offered on the same day will occur at different times, so there's no need to choose. Save \$10 when you book your excursion up to three days before your tour departs.\* Excursions requiring advance reservation only list this discounted price. Call or go online to customize your tour: [goaheadtours.ca/ISL](http://goaheadtours.ca/ISL) | 1-800-754-5066

### **Day 3: Carmel Market & Israeli Cooking Class with Dinner**

\$199CAD (6 hours, departs in the afternoon, dinner included)

Since opening its doors in 1920, Carmel Market has cemented itself as an integral part of Tel Aviv's history and culture. Start the evening at a cooking school to meet experienced chefs and learn what you'll be whipping up this evening. Then, head to the famous market. You'll pick up the ingredients you need for your recipe while interacting with vendors and learning about the flavors essential to Israeli cooking. After, make your way back to the school and start cooking alongside the chefs. They'll teach you new techniques and once your meal is complete, you'll sit down to enjoy the dinner with some beer and wine. This excursion requires advance reservation and must be booked at least 20 days prior to departure.

Tonight, join a local chef for a cooking class where you'll learn to make several Levantine mezzes and a soup. Levantine cuisine features food from the Levant, a large geographical area encompassing countries in the eastern Mediterranean region. The culinary traditions in Jordan, Syria, Israel, Lebanon, and more meshed together to create modern Levantine cuisine. Mezzes are the most popular type of Levantine food. These small, shareable dishes are perfect to enjoy with friends. Some local favorites include baba ghanoush (an eggplant-based dip), sfiha (an open-faced minced meat sandwich), and ka'ak (a donut-shaped biscuit). You'll use fresh, local ingredients to craft your mezzes. Then, sit down to enjoy the food you prepared for dinner.

### **Day 7: Masada National Park Hike**

\$125CAD/\$135CAD\* (4.5 hours, departs in the early morning)

Wake up early this morning and set off for Masada National Park. Your Tour Director will lead you on a sunrise hike along the Snake Path. This hike winds up the side of one of the park's orange-hued mountains and offers sweeping views of the Dead Sea and Jordanian Mountains. At the summit, explore Mount Masada, a desert fortress. It served as the last stronghold of the First Jewish-Roman War. You'll learn about the site's complicated history as you explore the plateau-top fortification. Admire the views of Masada National Park before taking a cable car ride back down to the base. Please note: This is a 1.25-mile uphill hike. You'll start 300 meters below sea level and take the Snake Path up the side of the mountain to the summit, 400 meters above sea level. The hike takes around 45–75 minutes, depending on the group's fitness level.

### **Day 8: Jerusalem Home-Hosted Shabbat Dinner**

\$175CAD/\$185CAD\* (4 hours, departs in the evening, dinner included)

Join a local Jewish family at their home in Jerusalem to enjoy traditional dishes during a Shabbat dinner. Shabbat begins at sunset on Fridays and ends at sunset on Saturdays. Families spend this day of rest sharing meals. Traditional dishes served during a Shabbat dinner include matzo ball soup, fish, and hummus. You'll enjoy these dishes alongside salads, meat, dessert, and more. Sip on soft drinks, grape juice, and a glass of wine as you eat. During this dinner, you'll receive an authentic understanding of your host's day-to-day life while learning about Jewish culture and traditions from a new perspective.

## **Extension excursion options**

### **Day 11: Levantine Cooking Class & Dinner**

\$105CAD/\$115CAD\* (3.5 hours, departs in the evening with dinner)

\*Optional excursions may be purchased up to three days prior to departure or while on tour. Pre-purchased optional excursions cannot be canceled within three days prior to departure or while on tour. Select optional excursions require advance booking and cannot be purchased or canceled after the advanced reservation deadline. GAT accepts payment by cash, Visa or MasterCard for optional excursions purchased on tour. Additional fees may apply for optional excursions purchased on tour. Excursions require a minimum number of participants to operate. Details and prices are subject to change. Due to seasonal hours of operation and availability, some excursions may not operate. If this occurs, you will be refunded any payments made for that excursion post-tour. Learn more at [goaheadtours.ca/terms](http://goaheadtours.ca/terms)