



# Grand Tour of Portugal: From Porto to Lisbon

#### 14 days | 18 days with The Azores & Lisbon extension

Tiny Portugal packs a big punch when it comes to eye-popping landscapes, artisanal traditions, and flavorful food and wines. And on this sweeping tour of the country, you can get a taste of it all. Touch down in Porto and get to know the coastal city before making your way south. Along the way, explore the picturesque Douro Valley, the university town of Coimbra, religiously significant Fátima, medieval Évora, and the sunsplashed Algarve before ending your adventure in colorful Lisbon. Not ready to head home? Extend your stay to explore the Azores, an archipelago off Portugal's coast that's home to lush, natural scenery and welcoming locals.



#### Your tour package includes

12 nights in handpicked hotels

12 breakfasts

1 lunch

4 dinners with beer or wine

1 wine tasting

1 food tasting

8 sightseeing tours

Expert Tour Director & local guides

Private deluxe motor coach

# Included highlights

Stock Exchange Palace
Casa de Mateus
Douro Valley wine tasting
Coimbra
Sanctuary of Our Lady of Fátima
Évora's Chapel of Bones
Cork factory
Olive oil tasting
Sagres Fortress
Jerónimos Church

#### Tour pace

You will walk for at least 2 hours daily across moderately uneven terrain, including paved roads and cobblestone streets, with some hills.

# Group size

15-35

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### Overnight Flight → 1 night

#### Day 1: Travel day

Board your overnight flight to Porto today.

# **Porto** $\rightarrow$ 3 nights

#### Day 2: Arrival in Porto

Included meals: welcome dinner
Welcome to Portugal! Settle in to your hotel in
the heart of this 2,000-year-old, UNESCO-listed
city. Later, meet your Tour Director and fellow
travelers at a welcome dinner.

#### Day 3: Sightseeing tour of Porto

Included meals: breakfast
Get to know Porto like a true tripeiro (Porto
resident) as you join your local guide for a
walking tour.

- Wander through the medieval lanes of the Old World Ribeira district and along the picturesque Douro Riverfront.
- Pass iconic sites, such as the Baroque-style Clérigos Tower, the Gothic São Francisco Church, and the wrought-iron Maria Pia Bridge.
- Step inside the city's famed neoclassical Stock Exchange Palace.

Enjoy a free afternoon in Porto or add an excursion.

+ Douro River Cruise & Port Wine Cellar Visit

#### Day 4: Free day in Porto

Included meals: breakfast

Spend a free day in Porto or add an excursion.

+ A Day in Guimarães & Braga

### **Douro Valley** → 1 night

# Day 5: Douro Valley via Casa de Mateus & wine tasting

Included meals: breakfast, lunch, wine tasting
Travel through rolling hills and small villages as
you make your way to the Douro Valley, making
stops along the way.

 Visit the 18th-century Casa de Mateus, considered one of the finest examples of Baroque civil architecture in Portugal.

- Admire the architecture of the Baroque-style mansion, which is set against the beautiful backdrop of the Portuguese countryside.
- Tour the mansion and its gardens, which were designed by architect Nicolau Nasoni in the 18th century.
- Stop at a local restaurant to enjoy an included lunch featuring regional food and wine.
- Visit a winery and sample three wines from some of Portugal's most prestigious wineproducing areas.

Continue on to your hotel in the Douro Valley and enjoy a free evening.

### **Fátima** → 2 nights

#### Day 6: Sightseeing tour of Coimbra & Fátima

Included meals: breakfast, dinner
Drive south and stop to explore Coimbra, a
riverfront city that once served as Portugal's
capital, on a guided walking tour.

- Visit Coimbra University—one of the oldest in Europe—and its grand library, the latter of which was built in the university's courtyard atop the ruins of a medieval royal prison.
- Explore the Old Cathedral, or Se Velha, which was built in the 12th century, when Coimbra was Portugal's capital.
- Marvel at the Romanesque and Gothic buildings that stand in Coimbra's medieval Old City and along its waterfront.

Continue on to Fátima, the central Portuguese town that's home to a famous Catholic pilgrimage site known as the Sanctuary of Our Lady of Fátima, and join a local guide for a walking tour.

- Learn more about the site, which is where the Virgin Mary is said to have appeared six times in as many months before three young shepherds.
- Step inside the House of Jacinta—home to the three children who saw the apparitions.
- Enter the Sanctuary of Our Lady of Fátima and explore its grotto.

Enjoy an included dinner this evening.

### Day 7: Free day in Fátima

Included meals: breakfast
Enjoy a free day in Fátima or add an excursion.

+ Old World Portugal: Batalha, Nazaré & Óbidos

# **Évora** $\rightarrow$ 1 night

#### Day 8: Transfer to Évora & sightseeing tour

Included meals: breakfast
Join a local guide for a walking tour of
UNESCO-recognized Évora, one of Europe's
oldest continuously inhabited cities.

- Take in the region's whitewashed homes and intricate tilework.
- Wander through the city's quaint historic center.
- See the Roman Temple of Diana.
- Enter St. Francis Church and its 16th-century Chapel of Bones, the latter of which monks built to house human bones that had been taking up valuable land in the city's 40-plus cemeteries.

# Algarve Region → 2 nights

# Day 9: The Algarve Region via cork factory & olive oil farm

Included meals: breakfast, tasting, dinner
As you travel to the sun-soaked Algarve region, stop to learn about locally produced cork and olive oil.

- Visit an Alentejo cork factory to learn how the material is harvested and used to seal wine bottles.
- Join a local guide for a tour of an olive grove and farm.
- Learn about olive oil production and the importance of the olive grove ecosystem.
- Sample the farm's olive oil, along with some regional tapas made with homemade products.

Continue on to the Algarve region and sit down for an included dinner.

#### Day 10: Free day on the Algarve coast

Included meals: breakfast

Spend a free day on the Algarve coast or add excursions.

- + Algarve Coastal Cruise: Cliffs, Beaches & Caves
- + Historic Silves & Farmhouse Dinner

### **Lisbon** $\rightarrow$ 3 nights

# Day 11: Lisbon via Sagres, Cape St. Vincent & Vicentine Coast Natural Park

Included meals: breakfast

As you make your way to Lisbon, discover the white-sand beaches, dramatic coastline, and small towns of the Algarve region, southern Portugal's beachy hot spot.

- Visit the seafaring town of Sagres and enter the Sagres Fortress to admire stunning views of the sea
- Make a photo stop at Cape St. Vincent to soak in the scenery from mainland Europe's southwestern-most point.

Continue along the coast to Lisbon via the impressive Vicentine Coast Nature Park, one of Europe's best preserved coastlines.

#### Day 12: Sightseeing tour of Lisbon

Included meals: breakfast, tasting
Set off on a guided sightseeing tour of Lisbon,
Portugal's capital city.

- Admire views of the city from Eduardo VII
   Park and pass the Praça Marquês de Pombal
   as you travel along Avenida da Liberdade.
- Stop at the waterfront to discover the city's maritime heritage at the Monument to the Discoveries and Tower of Belém.
- View the outside of the church at Jerónimos Monastery, built to honor voyagers.
- Try pastéis de nata, a famous Portuguese custard tart.

Enjoy a free evening in Lisbon or add an excursion.

+ Fado Show & Dinner

#### Day 13: Free day in Lisbon

Included meals: breakfast, farewell dinner Spend a free day in Lisbon or add an excursion. Later, celebrate your trip with your group at a farewell dinner.

+ Sintra & the Portuguese Riviera

# **Flight Home**

#### Day 14: Departure

Included meals: breakfast (excluding early morning departures)

Transfer to the airport for your flight home or extend your stay to explore the Azores.

# + The Azores & Lisbon extension

Dramatic landscapes, charming fishing villages, and tranquil pastures are a few of the features that draw travelers to the Azores, an archipelago situated off of Portugal's coast, in the mid-Atlantic. From mainland Portugal, travel to the largest Azorean island, São Miguel, which is home to lake-filled calderas and Europe's only tea plantation. During your visit, explore Ponta Delgada, the Azores' capital city, through its military and religious history, its natural landscape, and its culinary traditions.

# São Miguel → 3 nights

# Day 14: Flight to São Miguel & sightseeing tour

Included meals: breakfast, dinner
Fly to Ponta Delgada, located on the island of
São Miguel, and enjoy a guided tour of the
Azores' capital city.

- Begin at Forte de São Brás, a Renaissancestyle fortress used as a base for the Portuguese Navy.
- Continue walking along the scenic promenade to see the San Sebastian Church and the Church of São José.

Enjoy an included dinner with your group this evening.

#### Day 15: Pineapple plantation & Sete Cidades

Included meals: breakfast, lunch, tasting
Join a local guide for a day spent treating your
taste buds to Azorean flavors—and enjoying
spectacular views from Lagoa do Fogo volcano.

- Step inside a traditional greenhouse where Azorean pineapples—an island specialty—have been cultivated for more than 150 years.
- Learn about the processes locals use to produce the delicious fruit.
- Taste housemade pineapple liqueur and jam.
- Continue on to Lagoa do Fogo volcano to enjoy views of its crater lake and other spectacular surroundings.
- Continue on to downtown Ribeira Grande for an included lunch.
- Head to the Sete Cidades village, where you'll enjoy magnificent views of the surrounding crater and lake.

### Day 16: Free day on São Miguel

Included meals: breakfast
Spend a free day on São Miguel or add an excursion.

+ Gorreana Tea Plantation, Lunch & the Furnas Valley

# **Lisbon** $\rightarrow$ 1 night

#### Day 17: Flight to Lisbon

Included meals: breakfast

Spend a final morning on São Miguel before flying back to Lisbon.

This evening, enjoy a farewell drink as you celebrate your trip with your fellow group members.

+ Lisbon Home-Hosted Dinner

# Flight Home

#### Day 18: Departure

Included meals: breakfast (excluding early morning departures)

Transfer to the airport for your flight home.

# Customize your experience

Customize your tour by adding excursion options. Excursions offered on the same day will occur at different times, so there's no need to choose. Save \$10 when you book your excursion up to three days before your tour departs.\* Excursions requiring advance reservation only list this discounted price. Call or go online to customize your tour: **goaheadtours.ca/GPO | 1-800-754-5066** 

# Day 3: Douro River Cruise & Port Wine Cellar Visit

\$125CAD/\$135CAD\* (3.5 hours, departs in the afternoon)

Float along the beautiful Douro, the Iberian Peninsula's third-longest river. Take in scenes of Porto's vibrant waterfront and the historic city of Vila Nova de Gaia, home to the region's centuries-old port wine warehouses. As you cruise, you'll drift under five of the river's most iconic Old-World bridges, passing colorful hillside villas and traditional rabelos (flat-bottomed boats) along the way. Back on shore, pay a visit to one of Porto's most prestigious wine cellars. During the guided tour, learn about the long history of port wine, as well as the ins and outs of its production and warehousing. Then, sit down to taste three of the cellar's world-famous vintages.

#### Day 4: A Day in Guimarães & Braga

\$175CAD/\$185CAD\* (8 hours, departs in the morning) Spend the day diving into Portuguese history as you explore Guimarães, a UNESCO World Heritage city. Explore the charming city with a local guide, visiting Oliveira Square, and Nossa Senhora da Consolação before going inside the Palace of the Dukes of Braganza. After exploring the palace, enjoy free time for lunch, then continue on to your next stop, the city of Braga. Tour the bustling city packed with narrow lanes, baroque churches, and busy plazas. In the Old Town, pass the Praca da República, Rajo Palace, and Braga Cathedral, Then, head just outside of Braga to enter the UNESCO-listed Sanctuary of Bom Jesus de Braga, one of the country's most iconic pilgrimage sites, which sits dramatically atop the hills. You'll have the option to climb the 640 stairs or ride the funicular to the sanctuary.

# Day 7: Old World Portugal: Batalha, Nazaré & Óbidos

\$175CAD/\$185CAD\* (7 hours, departs in the morning, includes lunch)

Discover the rural charm of Portugal with a visit to three historic towns filled with castles, monasteries, and UNESCO World Heritage sites. Start with a visit to Batalha and its stunning monastery, which features an intricate combination of Gothic and Manueline architecture. Then, travel to Nazaré and sit down for a scenic seaside lunch before heading up to the Forte de Sao Miguel hilltop for stunning views of the coastline. (Be sure to keep an eye out for surfers riding the world's largest surf breaks.) Later, join your Tour Director for a walk through Óbidos's medieval Old City, and enter the Igreja de Santa Maria. Enjoy free time to walk up to the medieval Castle of Óbidos.

# Day 10: Algarve Coastal Cruise: Cliffs, Beaches & Caves

\$109CAD/\$119CAD\* (4 hours, departs in the morning)

The Algarve coast is an incredible sight to behold from land—and even more impressive from the water. Board a boat in Lagos and sail along spectacular cliffs and beaches, including the natural rock formations and caves of the famous Ponta da Piedade. As you cruise along, keep an eye out for swooping sea birds and jumping dolphins. Disembark back in Lagos and join your Tour Director for a walk through its historic center before driving back to your hotel. Please note: This excursion is weather dependent.

#### Day 10: Historic Silves & Farmhouse Dinner

\$125CAD/\$135CAD\* (4 hours, departs in the evening, includes dinner)

Transfer to the historic town of Silves, the Algarve's original capital. Join your Tour Director for an introduction to the town, then enjoy free time to relax and explore at your leisure. Later, sit down at a local farmhouse for an included three-course dinner paired with local wines.

#### Day 12: Fado Show & Dinner

\$145CAD/\$155CAD\* (3 hours, departs in the evening, dinner included)

Spend your evening at a Lisbon tavern listening to fado. Derived from the Latin word fatum—meaning "prophecy" or "fate"—fado is Portugal's national musical treasure. Fado's traditional theme is "saudade"—a word that doesn't quite translate to English but conveys a sense of both nostalgia and longing. Dinner is included during this memorable musical evening. Please note: This excursion typically ends around 11pm.

#### Day 13: Sintra & the Portuguese Riviera

\$135CAD (8 hours, departs in the morning) Journey to the UNESCO World Heritage-listed town of Sintra and learn why the poet Lord Byron once called it a "glorious Eden." Get a glimpse into royal life during a quided tour of the 19th-century, romanticist Pena Palace. Take a bus and mini-train ride up to this storybook, mountaintop site, which boasts picturesque gardens and sweeping views of the Portuguese countryside. After your tour, you'll have free time to stroll through Sintra, viewing its colorful villas, small shops, and impeccably manicured gardens. On your way back to Lisbon, take in the coastal scenery of the Portuguese Riviera. You'll also stop in the old fishing village of Cascais to enjoy free time to discover the town's winding, narrow streets, and pastel-colored buildings. This excursion requires advance reservation and must be booked at least 20 days prior to departure.

#### **Extension excursion options**

# Day 16: Gorreana Tea Plantation, Lunch & the Furnas Valley

\$135CAD/\$145CAD\* (9 hours, departs in the morning, includes lunch)

Today, find out what makes São Miguel's variety of landscapes special as you explore Europe's oldest tea plantation and the picturesque Furnas Valley. Start with a drive along the coast, where you'll make a stop at Miradouro de Santa Iría to take in dramatic views. Then, pay a visit to the Gorreana Tea Plantation, a familyowned operation that's been operating since 1883. Tour the factory to learn more about tea production, then enjoy a tasting of black and green teas. On the way to the Furnas Valley, stops in quaint villages and enjoy viewpoints before sitting down for a lunch of traditional Cozido—a stew cooked inside an underground, volcano-heated steam chamber. Afterward, set off into the valley, where you'll view the geothermal pools and serene Furnas Lake before heading back to your hotel.

#### Day 17: Lisbon Home-Hosted Dinner

\$125CAD (3 hours, departs in the evening, dinner included)

Join a local in their home in Lisbon to enjoy traditional dishes and dine like a true Lisboeta. During this dinner, you'll receive an authentic understanding of your host's day-to-day life while learning about Portuguese culture and traditions from a new perspective. Please note: Your Tour Director will not attend this excursion. This excursion requires advance reservation and must be booked at least 20 days prior to departure.

\*Optional excursions may be purchased up to three days prior to departure or while on tour. Pre-purchased optional excursions cannot be canceled within three days prior to departure or while on tour. Select optional excursions require advance booking and cannot be purchased or canceled after the advanced reservation deadline. GAT accepts payment by cash, Visa or MasterCard for optional excursions purchased on tour. Additional fees may apply for optional excursions purchased on tour. Excursions require a minimum number of participants to operate. Details and prices are subject to change. Due to seasonal hours of operation and availability, some excursions may not operate. If this occurs, you will be refunded any payments made for that excursion post-tour. Learn more at goaheadtours.ca/terms