



# **Ecuador & Galápagos Islands Cruise**

# 10 days | 16 days with Peru extension

Ecuador puts new meaning behind the saying, "good things come in small packages." In terms of flora, fauna, and opportunities for viewing unique local wildlife, this South American country runs the gamut. Journey to Quito for a taste of Ecuadorean culture and Spanish colonial history. Then, island hop through the Galápagos, where you'll move from mangrove swamps to lava flows to sunny shorelines, encountering scores of exotic creatures along the way. End in the indigenous city of Otavalo, famous for its colorful market.



#### Your tour package includes

4 nights in handpicked hotels

4 nights aboard the M/V Galápagos

Legend cruise ship

8 breakfasts

5 lunches

5 dinners

9 sightseeing tours

Expert Tour Director & local guides

Private deluxe motor coach

2 on-tour flights

# Included highlights

Cerro Panecillo

Old Quarter Quito

La Compañía

Gardner Bay

Floreana Island

Snorkeling with sea turtles

Giant tortoise nature reserve

Otavalo market

#### Tour pace

On this guided tour, you'll walk for at least 2 hours daily across moderately uneven terrain, including cobblestone streets, unpaved trails, and sandy paths, with some hills.

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# **Quito** $\rightarrow$ 3 nights

#### Day 1: Flight & late-night arrival in Quito

Welcome to Ecuador! Arrive in Quito late this evening and transfer to your hotel.

#### Day 2: Sightseeing tour of Quito

Included meals: breakfast, welcome lunch
Today, embark on a guided sightseeing tour of
Quito.

- Drive up Cerro Panecillo hill for views of the city and surrounding volcanoes
- Gather with your fellow travelers for a welcome lunch
- Sit down to enjoy an included welcome lunch
- Marvel at the neo-Gothic Basilica of the National Vow
- Enjoy a walking tour of the Old Town, passing by the Legislative Palace, Independence Square, and the Metropolitan Cathedral of Quito
- Enter La Compañía, the city's Baroque church, to view its gold leaf interior
- Step inside the 16th-century Monastery of San Francisco

#### Day 3: Free day in Quito

Included meals: breakfast

Enjoy a free day in Quito or add an excursion.

+ Antisana Ecological Reserve & Hacienda Lunch

# Galápagos Islands → 4 nights

# Day 4: Galápagos cruise & San Cristóbal

Included meals: breakfast, lunch, dinner
Fly to San Cristóbal, the easternmost island of
the Galápagos, to board your cruise this
morning.

- Enjoy an included lunch aboard the ship
- Disembark and hike to San Cristóbal's
   Frigatebird Hill for views of the bay, as well as birding opportunities to see the tropical frigatebirds

Sit down for an included dinner this evening.

# Day 5: Española Island

Included meals: breakfast, lunch, dinner
Today, visit Española Island to explore one of the
most picture-perfect beaches that the
Galápagos has to offer.

- Relax on the white sand beaches and snorkel in the shallow waters just off the shore of Gardner Bay
- Get up-close to the friendly Galápagos sea lions who call the island home
- Look out for mockingbirds, finches, marine life, and more
- · Enjoy an included lunch
- Visit Punta Suarez, on the western edge of the island, which is a wildlife hub for boobies, albatross, sea lions, iguanas, and more

Sit down for an included dinner this evening.

#### Day 6: Floreana Island

Included meals: breakfast, lunch, dinner Floreana has something for both history lovers and wildlife enthusiasts.

- Stop at Post Office Bay to visit the oldest operating post office in the Pacific, where whalers used to leave letters to be picked up by returning voyagers
- · Enjoy an included lunch
- See flamingos feeding in the lagoon, diamond stingrays swimming offshore, and green sea turtles exploring their nesting grounds in Punta Cormorant
- Explore the volcanic shore of Devil's Crown and snorkel for the chance to see yellowtailed surgeonfish, creolefish, turtles, spotted eagle rays, parrotfish, and hammerhead sharks
- Put on your snorkel and hit the water to get up close to green turtles, harmless whitetip reef sharks, and lots of fish in Champion Islet

Sit down for an included dinner this evening.

# Day 7: Santa Cruz Island

Included meals: breakfast, lunch, dinner Your day on Santa Cruz Island is all about wildlife.

- Visit the Charles Darwin Research Station in Galápagos National Park, which houses gardens, exhibition halls, and a library, as well as research labs and facilities
- Journey to the Highlands Tortoise Reserve, seeing the variety of the island's ecosystems along the way
- Observe giant land tortoises in their natural habitat
- Enjoy an included lunch

 Keep an eye out for king angelfish, surgeonfish, parrotfish, rays, sharks, sea lions, marine iguanas, and more during an afternoon stop at Eden Islet or Ballena Bay Sit down for an included dinner this evening.

# Otavalo → 1 night

#### Day 8: Otavalo via Quito

Included meals: breakfast, farewell dinner End your time in the Galápagos with further exploration of Santa Cruz Island.

- Take a dinghy ride to the Itabaca Channel, where you can view sharks, blue-footed boobies, and more
- Travel to Baltra and board your flight back to Quito on the mainland

Transfer to Otavalo and celebrate your trip at a farewell dinner this evening.

# Overnight Flight → 1 night

#### Day 9: Otavalo market visit & departure

Included meals: breakfast

Visit the Otavalo market to browse the stalls, shop for indigenous crafts, and attend a local weaving demonstration. Then, stop to view the Quitsato Sundial, a monument located on the equator, where you'll view a demonstration of equatorial effects.

Afterward, relax in a dayroom before boarding your flight home late tonight or early tomorrow morning.

Please note: If you're traveling on the tour extension to Peru, you will spend the night in Quito this evening.

#### **Arrive Home**

# Day 10: Arrival home

Arrive home.

#### + Peru extension

Fly to Lima to experience the best Peru has to

offer—and, yep, that includes Machu Picchu. Continue your trip to see the legacy of the conquistadors and uncover the Lost City of the Inca, all with your expert Tour Director at your side.

#### **Quito** $\rightarrow$ 1 night

#### Day 9: Otavalo market visit

Included meals: breakfast

After your visit to Otavalo market, enjoy a free afternoon in Quito.

# **Lima** $\rightarrow$ 1 night

#### Day 10: Flight to Lima

Included meals: breakfast

Fly to Lima, Peru this morning and get settled in to your hotel.

Enjoy a free afternoon in Lima or add an excursion.

+ Traditional Peruvian Dinner

# Cuzco → 2 nights

# Day 11: Flight to Cuzco

Included meals: breakfast, dinner
Board your flight to Cuzco this morning, then
enjoy a free afternoon to explore the city on your

Tonight, get a taste of Peruvian cuisine during an included dinner as you watch a traditional folklore show featuring indigenous dances from around the country.

#### Day 12: Sightseeing tour of Cuzco

Included meals: breakfast

Set out on a sightseeing tour of Cuzco, the

UNESCO-recognized ancient capital of the

- UNESCO-recognized ancient capital of the Inca Empire.

   Stroll through ruins at Kenko, the "red
- which was once completely covered in gold
   View the towering Cristo Blanco statue, a
  thank-you gift from the Palestinian refugees

who took shelter in the city during World War

fortress" of Puca Pucara and Sacsayhuaman,

- Stop at the colonial-era Plaza de Armas to enter Cuzco Cathedral
- Walk through the city center and step inside the Convent of Santo Domingo, built by the Spaniards where the Inca temple of Koricancha stood

Enjoy a free evening exploring Cuzco or add an excursion.

+ Peruvian Cooking Demonstration & Dinner

# Machu Picchu Region → 1 night

#### Day 13: Aguas Calientes via the Sacred Valley

Included meals: breakfast, lunch, dinner
Stop in the Sacred Valley to see the sights en
route to Aguas Calientes, the gateway to Machu
Picchu.

- Peruse the colorful stalls of the wide-open
   Pisac Market, where you'll find local fare and traditional crafts on display
- Enjoy an included lunch in Pisac
- Continue to the Ollantaytambo ruins to explore still-standing Inca homes

Sit down for an included dinner this evening.

# Cuzco → 1 night

# Day 14: Sightseeing tour of Machu Picchu

Included meals: breakfast, lunch
On today's guided tour, you'll uncover the lost
city of Machu Picchu, one of the most
spectacular archaeological sites on the entire
South American continent.

- Tour the ruins of the ceremonial center, cultivation terraces, and guard house
- Visit Funeral Rock, the Main Temple, Temple
  of the Three Windows, Chamber of
  Ornaments, the Sacred Plaza, the Intihuatana
  Stone, the Temple of the Sun, the Rock
  Quarry, the Ritual Fountains, and the Condor
  Temple
- · Sit down for an included lunch
- Enjoy a scenic train ride through the Sacred Valley on your way back to Cuzco

### Overnight Flight → 1 night

# Day 15: Flight to Lima, sightseeing tour & departure

Included meals: breakfast (excluding early morning departures)

Fly to Lima this morning. Then, enjoy a farewell lunch before setting out on a guided tour, which highlights Lima's modern and colonial quarters.

- Visit the Miraflores district and Parque del Amor
- View Plaza Mayor and the Municipal Palace in Lima's historic center

 Enter the Cathedral of Lima and descend into the catacombs below the Church of San Francisco

Later, relax in a dayroom before boarding your overnight flight home.

#### **Arrive Home**

#### Day 16: Arrival at home

Arrive home today.

# Customize your experience

Customize your tour by adding excursion options. Excursions offered on the same day will occur at different times, so there's no need to choose. Save \$10 when you book your excursion up to three days before your tour departs.\* Excursions requiring advance reservation only list this discounted price. Call or go online to customize your tour: **goaheadtours.ca/EC1|1-800-754-5066** 

# Day 3: Antisana Ecological Reserve & Hacienda Lunch

\$149CAD/\$159CAD\* (9 hours, departs in the morning, lunch included)

Journey through the valleys of the Andes Mountain range to visit the Antisana Ecological Reserve. This reserve was created in 1993 to protect Ecuadorian wildlife and ecosystems and is home to Antisana volcano, the country's fourth-largest. Join your Tour Director on a walk to see a recent lava flow, snowcapped mountains, and the picturesque views surrounding Lake Mica. Of course, it wouldn't be a nature walk without seeing some of the local flora and fauna. Take part in some bird-watching to try and spot the silvery grebe, black-faced ibis, and elusive Andean condor. Then, enjoy lunch at a local restaurant located on a hacienda, or traditional ranch, before traveling back to Quito.

#### **Extension excursion options**

#### **Day 10: Traditional Peruvian Dinner**

\$105CAD/\$115CAD\* (3 hours, departs in the evening with dinner)

At tonight's dinner in Lima, get a taste of the traditional flavors of Peruvian cuisine. Start the evening with a cooking demonstration and learn to make classic ceviche and a pisco sour, the national drink of Peru. Then, sit down to enjoy a delicious dinner of regional specialties.

#### Day 12: Peruvian Cooking Demonstration & Dinner

\$175CAD/\$185CAD\* (3 hours, departs in the evening with dinner)

Watch as an expert chef prepares a traditional Peruvian meal during a cooking demonstration at one of Cuzco's top restaurants on this culinary excursion. With the beautiful Andes Mountains as your backdrop, you'll discover how Peruvians use locally sourced ingredients to create authentic dishes. You'll also learn how to make causa de pollo, a dish made of chicken and potatoes, and tiradito de trucha, a popular seafood-based meal. Afterwards, enjoy a delicious three-course dinner crafted by the expert chef in the restaurant.