



# Tuscany Adventure: Lucca, Siena & Maremma

#### 12 days | 14 days with Florence extension

It doesn't get much better than a Tuscan to-do list: Bike along cypress-lined city walls, take leisurely strolls through hilltop towns, and cap each meal off with a glass of Chianti. On this small group Adventure Tour in the heart of Italy, you'll find yourself eager to say "check, check, and check" as you discover hidden corners of Tuscany (like Maremma!) where time seems to stand still.



#### Your tour package includes

10 nights in handpicked hotels
10 breakfasts
2 lunches
3 dinners with beer or wine
1 wine tasting
1 tasting
1 cooking class
12 sightseeing tours
Expert Tour Director & local guides
Private deluxe motor coach

#### Included highlights

Bike ride on Lucca's ramparts Chianti wine tasting Siena's Campo Piccolomini Library San Gimignano walk Maremma farm visit Via Cava hike Tuscan cooking class Cortona walk Montalcino walk

#### Tour pace

On this guided tour, you'll walk for at least 2.5 hours daily across uneven terrain, including unpaved paths and cobblestone streets, with some steep hills.

#### Group size

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#### **Overnight Flight** $\rightarrow$ 1 night

#### Day 1: Travel day

Board your overnight flight to Florence today.

#### $\textbf{Lucca} \rightarrow 2 \text{ nights}$

#### Day 2: Arrival in Florence & transfer to Lucca

Included meals: welcome dinner

Welcome to Italy! Transfer to your hotel in Lucca. Then, meet your Tour Director and fellow travelers at tonight's welcome dinner.

#### Day 3: Biking & walking tour of Lucca

Included meals: breakfast

Lucca features towering, Renaissance-era walls and sits in the heart of Tuscany. Today, get to know the area as you bike and walk through the city with a local guide.

- Take a leisurely bike ride along Lucca's treelined ramparts
- Take in impressive views of the classic redtiled rooftops, Guinigi Tower, and the swath of cypress trees below
- Descend into the center of town and walk to see San Martino Cathedral and San Michele in Foro, a basilica known for its intricately inlaid facade

Please note: You'll bike along flat, paved paths without cars during the tour of the Lucca city walls. Travelers can opt to take a self-guided tour of the walls by foot instead of biking. Enjoy a free afternoon in Lucca or add an excursion.

+ Farmhouse Wine & Olive Oil Tasting with Lunch

#### Siena $\rightarrow$ 3 nights

#### Day 4: Siena via Chianti

Included meals: breakfast, lunch, wine tasting Pass through the famous Chianti region and the village of Greve in Chianti en route to Siena.

- Hike through the vineyards and farmlands of the Chianti region with your Tour Director
- Admire sweeping views of the rolling Tuscan hillsides

- End your hike at a vineyard and sample the area's rich red wines during a wine tasting
- Enjoy a relaxing lunch overlooking the countryside
- Travel to Greve in Chianti and explore the main square and winding side streets at your leisure

Continue on to Siena and settle in to your hotel.

#### Day 5: Walking tour of Monteriggioni & Siena

Included meals: breakfast, tasting This morning, explore the rolling hills of Monteriggioni with your Tour Director.

- Embark on a scenic walk through the woods and countryside of Monteriggioni
- View the Romanesque church of Abbadia a Isola

Make your way back to Siena and set off on a guided tour of the charming Tuscan city.

- Walk through the Campo, the square that's the center of civic life, and learn about the Palio horse race that takes place there every summer
- Enter Siena Cathedral, home to major works of art by Donatello and Pisano
- Discover the town's black-and-white marble duomo and see brilliantly colored, 16thcentury frescoes in the Piccolomini Library
- End at a local bakery to try ricciarelli, an almond-flavored cookie

#### Day 6: Walking tour of San Gimignano & Volterra

#### Included meals: breakfast

Spend the day exploring the medieval towns of San Gimignano and Volterra with your Tour Director.

- Enjoy a breathtaking view of San Gimignano, a medieval hilltop city known for its towers, as you walk into town
- Head to Volterra and visit the cathedral, Roman Theater ruins, or local shops at your leisure

Enjoy a free evening in Siena or add an excursion.

+ Tuscan Villa Winery & Dinner

#### Maremma Countryside $\rightarrow$ 2 nights

#### Day 7: Maremma Countryside via Tuscan farm

Included meals: breakfast, lunch Head south to the Maremma countryside, a unique region of Tuscany where time seems to have stopped and the traditional, centuries-old culture of Tuscan is still alive.

- Visit a traditional Tuscan farm and meet the farmers and herders, called butteri
- Tour the farm to learn about the daily life and role of a buttero
- Taste local specialties during a farm-to-table lunch

Continue on to your hotel in the Maremma countryside.

# Day 8: Hiking tour of Maremma countryside & cooking class

Included meals: breakfast, dinner

Today, hike in the Maremma countryside, where time seems to have stopped. Explore some of the region's most charming villages on a guided hike of Sovana and Pitigliano, and marvel at the quaint, medieval hamlets that dot this countryside.

- Visit Sovana, often considered the Matera of Tuscany because of the many stone buildings
- Stroll through Piazza del Pretorio and view the classic Tuscan architecture in the main square
- Hike along Via Cava, an excavated road dating back to pre-Roman times, from Sovana to the hilltop town of Pitigliano
- Discover the history of the ancient road as you admire the towering walls
- End your hike in Pitigliano and spend free time exploring

This evening, take part in a hands-on cooking class where you'll learn how to make Tuscan cuisine. Then, enjoy a dinner featuring the food you've crafted paired with local wine.

#### Montepulciano Region $\rightarrow$ 2 nights

#### Day 9: Walking tour of Cortona & Montepulciano

Included meals: breakfast

Soak in panoramic views of the Tuscan countryside as you enjoy walks led by your Tour Director in both Cortona and Montepulciano.

- Walk downhill from St. Margaret's Church into Cortona
- Spend free time exploring and eating lunch in town
- Head to Montepulciano and soak in the views of the countryside on a walk through town before enjoying free time

#### Day 10: Hiking tour of Montalcino

Included meals: breakfast

Join your Tour Director on a hike in Montalcino this morning.

- Pass through the countryside and end at the Abbey of Sant'Antimo, a Romanesque church surrounded by rolling hills
- Enjoy free time to eat lunch and explore Enjoy a free afternoon in the Montepulciano

region or add an excursion.

+ Pecorino Toscano Cheese Tasting

#### $\textbf{Florence} \rightarrow 1 \, night$

#### Day 11: Florence via Bagno Vignoni & San Quirico d'Orcia

Included meals: breakfast, farewell dinner Stop in hilltop villages of the Val d'Orcia region, the jewel of the crown of Tuscany, en route to Florence.

- Walk through Bagno Vignoni with your Tour Director and learn how the Romans designed the village around thermal pools
- Enjoy free time to explore the peaceful town of San Quirico d'Orcia

Tonight, journey to the scenic Etruscan-Roman town of Fiesole. You'll celebrate your trip with your group on a villa terrace during a farewell dinner.

#### **Flight Home**

#### Day 12: Departure

Included meals: breakfast (excluding early morning departures) Transfer to the airport for your flight home or

#### + Florence extension

extend your stay in Florence.

Not ready to say arrivederci? Continue your trip in the Tuscan capital of Florence, where Renaissance beauty and really (really) good food are practically everywhere. See the highlights alongside a local guide, then lean on your Tour Director's expert recommendations to seek out even more.

#### Florence $\rightarrow$ 2 nights

#### Day 12: Walking tour of Florence

Included meals: breakfast

Join a local guide and set off on a walking tour of Florence, the city at the center of the Renaissance.

- View the city's stunning skyline from Piazzale Michelangelo
- Cross over the historic Ponte Vecchio
- Stroll along the Arno River and through the courtyard of the Uffizi Gallery to Piazza della Signoria, center of Florentine life
- Step inside the Basilica of Santa Croce, the burial site of Michelangelo, Machiavelli, and Galileo
- Pass Giotto's Campanile, a masterpiece of Gothic architecture
- View the legendary Florence Cathedral, known as the Duomo

Enjoy free time in Florence or add an excursion. + Tuscan Cooking Class & Dinner

#### Day 13: Free day in Florence

Included meals: breakfast Spend a free day in Florence or add excursions. This evening, enjoy a farewell drink as you celebrate your trip with your fellow group members.

- + Accademia Gallery
- + Michelangelo's Florence

#### Flight Home

#### Day 14: Departure

Included meals: breakfast (excluding early morning departures) Transfer to the airport for your flight home.

## Customize your experience

Customize your tour by adding excursion options. Excursions offered on the same day will occur at different times, so there's no need to choose. Save \$10 when you book your excursion up to three days before your tour departs.\* Excursions requiring advance reservation only list this discounted price. Call or go online to customize your tour: **goaheadtours.ca/ATT | 1-800-754-5066** 

## Day 3: Farmhouse Wine & Olive Oil Tasting with Lunch

\$175CAD/\$185CAD\* (4 hours, departs in the afternoon, lunch included)

Make your way to the provincial town of Colle Verde, located in the Tuscan hills, for a culinary experience you won't forget. You'll visit an authentic agriturismo, or farm stay, to learn how olive oil is extracted and refined. Enjoy a tasting of wine and olive oil produced right on the farm. Then, sit down to savor more locally made products during a lunch in the farmhouse.

#### Day 6: Tuscan Villa Winery & Dinner

\$199CAD/\$209CAD\* (4.5 hours, departs in the evening with dinner)

Set off into the rolling hills of the Chianti region to visit a winery and farm estate, known locally as an agriturismo. You'll tour the villa and gardens to learn about wine production surrounded by the stunning scenery of the Tuscan countryside. Then, enjoy dinner accompanied by three wine varietals produced on the estate.

#### Day 10: Pecorino Toscano Cheese Tasting

\$149CAD/\$159CAD\* (3 hours, departs in the afternoon)

Pecorino cheese is a staple in Tuscany, and the Montepulciano region is home to some of the top producers of this beloved dairy product. Pay a visit to a local cheesemaker to learn about the cheese-making process. This hard cheese is made from sheep's milk and has a mild, buttery flavor. When you cut into Pecorino Toscano, the type of Pecorino produced in the region you're visiting, it will be firm and slightly crumbly. After learning about the characteristics that make a topnotch Pecorino, sample some of the flavorful local cheese during a tasting.

#### **Extension excursion options**

#### Day 12: Tuscan Cooking Class & Dinner

\$159CAD (2.5 hours, departs in the evening with dinner)

This evening, learn how to make a traditional Tuscan meal under the direction of expert local chefs. Craft authentic pici, a thick, hand-rolled pasta, two kinds of bruschetta, and tiramisu. Then, pair your creations with wine, and sit down to a delicious dinner with your group. Please note: Depending on the size of the group, the class may be divided into two shifts. This excursion requires advance reservation and must be booked at least 20 days prior to departure.

#### Day 13: Accademia Gallery

\$89CAD (2 hours, departure time varies) Home to Michelangelo's masterpiece David, the Accademia Gallery is one of the most famous museums in Florence. Skip the ticket lines, and join a local guide on a tour of the museum as you learn about Renaissance art history and view a variety of pieces, including the marble statue of David. This excursion requires advance reservation and must be booked at least 70 days prior to departure.

#### Day 13: Michelangelo's Florence

\$129CAD/\$139CAD\* (4 hours, departs in the morning)

Unravel the genius of Michelangelo, the famous painter, architect, and poet, as you tour notable museums throughout Florence. Start with the San Lorenzo complex, viewing the basilica's counter façade and the Medici Chapels, where you can admire his magnificent sculptures and the architecture in the Laurentian Library vestibule. Walk by Palazzo Medici Riccardi and continue on to enter the Museo dell'Opera del Duomo to see the famous Pietà sculpture and the original Gate of Paradise. On a walking tour of the city, pass the Bargello National Museum and the Buonarroti House, once owned by the artist himself. End the tour outside of the Basilica of Santa Croce, site of Michelangelo's tomb.

\*Optional excursions may be purchased up to three days prior to departure or while on tour. Pre-purchased optional excursions cannot be canceled within three days prior to departure or while on tour. Select optional excursions require advance booking and cannot be purchased or canceled after the advanced reservation deadline. GAT accepts payment by cash, Visa or MasterCard for optional excursions purchased on tour. Additional fees may apply for optional excursions require a minimum number of participants to operate. Details and prices are subject to change. Due to seasonal hours of operation and availability, some excursions may not operate. If this occurs, you will be refunded any payments made for that excursion post-tour. Learn more at goaheadtours.ca/terms