GO AHEAD TOURS

AMERICA'S TEST KITCHEN



Food & Wine: Piedmont & Tuscany with America's Test Kitchen

11 days

Learn about northern Italy's rich culinary history by visiting local shops, secluded vineyards, and bustling markets. You'll witness the passion behind the creation of famous meats, cheeses, oils, and wines by interacting with the producers who keep the traditions alive. Attend the Alba White Truffle Fair and try your hand at making some of the region's specialty dishes during cooking lessons led by locals.



Your tour package includes

9 nights in handpicked hotels
9 breakfasts
3 lunches
5 dinners with beer or wine
3 wine tastings
3 cooking classes & workshops
8 tastings
7 sightseeing tours
Expert Tour Director & local guides
Private deluxe motor coach

Included highlights

Piedmont truffle hunt
Alba White Truffle Fair
Chocolate-making lesson
Castle of Grinzane Cavour
Balsamic vinegar villa tour
Cooking classes
San Gimignano
Wine tastings
Florentine market visit

Tour pace

You will walk for at least 3.5 hours daily across moderately uneven terrain, including paved roads and cobblestone streets, with some hills and stairs.

Group size

12–22

© 2024 EF Education First

Food & Wine: Piedmont & Tuscany with America's Test Kitchen

11 days

Overnight flight → 1 night

Day 1: Travel day
Board your overnight flight to Milan today.

Turin → 4 nights

Day 2: Arrival in Milan & transfer to Turin
Included meals: welcome dinner
Welcome to Italy! Arrive in Milan, then transfer to your hotel in Turin and get settled in. Later, gather with your fellow group members at a welcome dinner featuring dishes that are typical of the Piedmont region.

Day 3: Sightseeing tour of Turin & chocolate workshop
Included meals: breakfast, tasting, dinner
Set out on a guided tour to discover Turin, home to Italy's Royal Family, the House of Savoy.

- Pass the River Po, stop at Piazza Castello, and see Palazzo Madama
- Sample local foods at Porta Palazzo market
- Walk past Palazzo Reale, home of the Italian monarchy and the old Roman city gates
- Enter the Royal Church of San Lorenzo
- Visit a historic Turin Caffe to try the famous bicerin coffee

Head to one of Turin's famed chocolatiers for a tasting and chocolate-making lesson this afternoon.
This evening, sit down for an included dinner.

Day 4: Truffle hunt & Alba White Truffle Fair
Included meals: breakfast, tasting
Set off for Alba to learn all about one of Italy's most prized foods: the truffle.

- Learn about local traditions, products, environment, and varieties of truffles in Piedmont
- Try your hand at finding truffles with the help of an experienced hunter and dog
- Enjoy a tasting of truffles, robiola cheese and salami with an aperitif
- Head to the White Truffle Fair, where you'll have plenty of free time to enjoy the festival, browse the markets, and sample local dishes
- Discover some of the key characteristics of the fungi, including how it looks and smells, during a guided sensory analysis

Day 5: La Morra & Barolo
Included meals: breakfast, lunch, wine tasting
Stop at the village of La Morra for a panoramic view of the Langhe, the hilly Piedmont region famous for its cheeses, truffles, and wines. While here, you'll enter the UNESCO-recognized Castle of Grinzane Cavour.
Then, visit Barolo, a small town with one of the most well-known names in Northern Italian wine.

- Enjoy a light lunch of local specialties at a winery
- Sample local Barolo vintages in the vineyard's wine cellar

Bologna → 2 nights

Day 6: Parmigiano Reggiano producer & balsamic vinegar villa
Included meals: breakfast, lunch, tasting
As you head to Bologna, Italy's culinary capital, stop to try some culinary delights.

- Visit a local Parmigiano Reggiano producer and enjoy a cheese tasting
- Tour a family-run balsamic vinegar villa and discover how they produce their high-end, aged balsamic known as Aceto Balsamico Tradizionale di Modena
- Try the balsamic vinegar during a lunch featuring a variety of appetizers, a risotto dish, and a buffet of desserts

Day 7: Sightseeing tour of Bologna & cooking class
Included meals: breakfast, dinner
This morning, venture out on a walking tour with an expert local guide.

- Visit the University of Bologna, the world's oldest operating university
- Peruse the local fish and vegetable market district and visit Piazza Maggiore

Break into smaller groups and learn how to make tortellini, tagliatelle, and ragu during a cooking class this evening. Then, bring your masterpieces together and enjoy eating the meal you've prepared for dinner.

Tuscan Agriturismo → 3 nights

Day 8: Tuscan agriturismo via San Gimignano & Chianti
Included meals: breakfast, wine tasting, tasting, dinner
Make several stops en route to your agriturismo, or farm stay, located in the beautiful Tuscan countryside today.

- Explore the small medieval town of San Gimignano on your own
- Sample some of the city's renowned gelato
- Continue on to Chianti to tour a vineyard and sample some of the region's fine wines during a tasting

Later, arrive at your agriturismo and tour the grounds before gathering with your group for an included three-course dinner.

Day 9: Culinary walking tour of Florence
Included meals: breakfast, tasting
Head into the nearby city of Florence for a culinary-themed walking tour of the city with a local guide.

- View the legendary Florence Cathedral, known as the Duomo
- Stop for a typical Italian breakfast of cappuccino and brioches
- Pass the Dante House and Giotto's Campanile, a masterpiece of Gothic architecture
- Stop in the Pazzi Palace courtyard and admire the Renaissance-style palace featuring ceramic and stained glass decorations
- Walk to the lively Mercato di Sant'Ambrogio and see locals picking up their daily groceries
- Taste finger foods loved by Florentines including coccole, fried dough balls, and veggies meatballs

Enjoy free time in the city before returning to the agriturismo this afternoon.

Day 10: Cooking class at Tuscan agriturismo
Included meals: breakfast, lunch, wine tasting, farewell dinner
Spend a free morning at the agriturismo and enjoy the activities that they offer, including walks through the grounds, wine and oil tastings, bicycle tours, and farm tours.
This afternoon, head to a neighboring agriturismo where you'll take part in a hands-on Tuscan cooking class alongside one of their chefs. Then sit down for an included lunch and enjoy what you've crafted along with local wines.

Later this evening, enjoy a wine tasting in Chianti as you celebrate your trip with your group during a farewell dinner.

Flight Home

Day 11: Departure
Included meals: breakfast (excluding early morning departures)
Transfer to the airport for your flight home.